

CHILD AND FAMILY SERVICES

# 2022-2023 Annual Report



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CHILD AND FAMILY SERVICES

# Vision

A community in which everyone has an inherent right to health, education, and opportunity that creates global impact.

### Mission

Child Start supports the education, social and emotional development of children, ages 0-5, by providing high quality, comprehensive and family focused early childhood services in partnership with the community.



### Executive Director Message



Juan Cisneros, Executive Director

We are excited to share positive trends for services provided and outcomes achieved at Child Start for program year 2022-2023. Child Start opened more classrooms that were closed due to the pandemic, enrolled more children, and offered more health, education, and social services to families than the previous three years. These achievements are primarily attributed to the highly dedicated staff working tirelessly, day in and day out, to meet the critical needs of some of our community's most vulnerable children and families. I would be remiss if I did not acknowledge our community partners, as we know that Child Start cannot meet the comprehensive needs of families alone; we rely on our partners to work with us to help support the whole family.

For 2022-2023, Child Start continued working on the transformational change initiative of becoming a trauma-informed organization. We worked closely with a local consultant to help us look at how our systems are integrated with services and designed with a trauma-informed lens. While this long-term project will take a few more years to fully realize, we are hearing from staff that our efforts are working. After receiving training, between 85% to 92% of staff felt more confident in implementing the following six principles to a trauma-informed approach: safety; trustworthiness and transparency; peer support; collaboration and mutuality; empowerment, voice and choice; and addressing cultural, historical, and gender issues. Further, Child Start staff took the initiative to share trauma-informed and wellness activities that worked for them individually and for their teams at the first annual All-Staff Trauma-informed and Wellness Day, which took place in March 2023.

Two additional agency-wide initiatives were launched in 2022-2023: becoming fully enrolled and fully staffed. While present before COVID-19, these two challenges were exacerbated after the pandemic, not just at Child Start, but across the early care and education sector nationally. To begin to tackle these challenges, Child Start developed a robust enrollment plan and successfully implemented innovative outreach strategies to recruit eligible families and qualified staff in partnership with the federal Office of Head Start and the training and technical assistance network.

Next program year, we look forward to engaging in strategic planning for the upcoming five-year cycle. While we know that there is still work that needs to get done in the above three initiatives, we will also focus on building agency culture and fiscal sustainability. These five focus areas will mark the critical work needed at Child Start in the next few years. We will keep you informed and engage you accordingly as we experience success, challenges, and opportunities to do what we do even better.

### PROGRAMS





#### HEAD START



The Head Start program is tailored to ensure school readiness for children before they embark on their kindergarten journey, our program offers a comprehensive range of services within a dynamic center-based environment. Prepare your child for a bright future with the Head Start advantage!



#### **EARLY HEAD START**



The Early Head Start initiative aims to establish collaborations between staff and parents, fostering a robust framework for the social, emotional, physical, and cognitive development of children under their care. If your child is between 0 and 36 months old (has not reached 3 years of age by December 3rd of the current enrollment year), you may be eligible for Early Head Start services.



#### **RAISING A READER**



The Head Start program is tailored to ensure school readiness for children before they embark on their kindergarten journey, our program offers a comprehensive range of services within a dynamic center-based environment. Prepare your child for a bright future with the Head Start advantage!

### **HEALTH AND DENTAL OUTCOMES**



#### **HEAD START**

**HEALTH INSURANCE** 

Coverage.



#### 99% Ninety-nine percent of children in Head Start have Health Insurance

### EARLY HEAD START

**HEALTH INSURANCE** 

90%

Ninety percent of children in Early Head Start have Health Insurance Coverage.

#### IMMUNIZATIONS

#### 78%

Seventy-eight percent of children in Early Head Start are up to date on scheduled age appropriate immunizations.

#### **ORAL HEALTH**

#### 87%

**Eighty-seven percent of children in Early** Head Start received age-appropriate preventive dental and oral health care.

#### **MEDICAL HOME**

99% Ninety-nine percent of children in Head Start have Access to preventive medical care.

#### **MEDICAL HOME**

#### 92%

Ninety-two percent of children in Early Head Start have Access to preventive medical care.

#### 88%

**ORAL HEALTH** 

**Eighty-eight percent of children in** Head Start received age-appropriate preventive dental oral health care.

IMMUNIZATIONS 98%

Ninety-eight percent of children in Head Start are up to date on scheduled age appropriate immunizations.

### **FAMILY SERVICES OUTCOMES**



#### **HEAD START**



FAMILY NEEDS ASSESSMENT 93% Ninety-three percent of families in Head Start completed a family needs

#### **POSITIVE PARENTING PROGRAM**



74

assessment.

Seventy-four Positive Parenting Program Level 2 Seminars were provided for parents in Head Start.

FAMILY GOAL SETTING PROCESS



#### 83%

**Eighty-three percent of families in** Head Start completed a family goal setting process.

#### EARLY HEAD START

FAMILY NEEDS ASSESSMENT 90%

Ninety percent of families in Early Head Start completed a family needs assessment.

#### **POSITIVE PARENTING PROGRAM**

#### 78

Seventy-eight one on one Positive Parenting Program Level 3 were provided for parents in Early Head Start.

#### FAMILY GOAL SETTING PROCESS

77%

Seventy-seven percent of families in Early Head Start completed a family goal setting process.

**UNHOUSED, PUBLIC ASSISTANCE OR FOSTER CARE** 49%

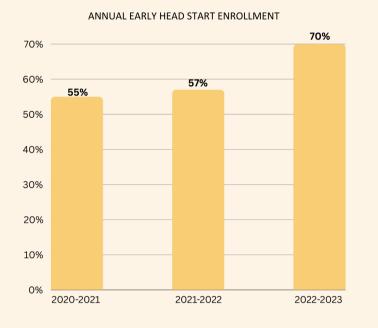


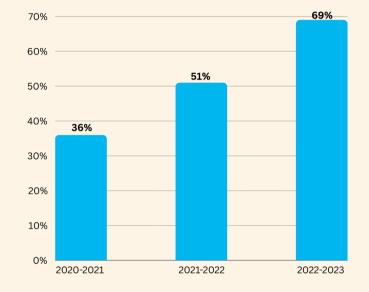
Forty-nine percent of families served in Head Start were unhoused, received public assistance or in Foster Care.

**UNHOUSED, PUBLIC ASSISTANCE OR FOSTER CARE** 54%

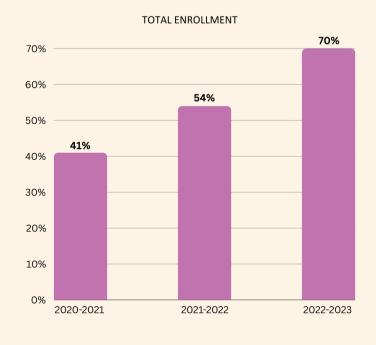
Fifty-four percent of families served in Early Head Start were unhoused, received public assistance or in Foster Care.

### **ENROLLMENT OUTCOMES**





#### ANNUAL HEAD START ENROLLMENT







#### School Readiness Goals 2022-2023

SR Goal	Central Domain	Objective	DRDP-2015 Indicators
Children will develop skills to	Social and Emotional Development	Children will begin to develop personal relationships with peers	SED 4
support interacting with others		Children will begin to develop and demonstrate control over some of their feelings and behaviors (self- regulation)	ATL- REG-5
foundations for communication skills	Language and Literacy	Children will communicate their needs and ideas using expressive language	LLD3
		Children will show interest in books, songs, rhymes, stories, and other literacy activities in increasingly complex ways	LLD5
		Children will begin to learn and demonstrate how letters and words work	LLD9 (Preschool only)
		Children will begin to understand sounds are an important part of language	LLD8 (Preschool Only)
		Dual language learners will demonstrate fluency in understanding English	ELD1 (Preschool only)
Children will be engaged and participate in learning experiences	Approaches to Learning	Children will demonstrate interest and curiosity with activities and materials	ATL-REG 4
		Children will persist in understanding and mastering activities	ATL-REG 6
Children will increase their understanding of early math and science concepts	Cognition	Children will learn and begin to use math concepts during routines and experiences	COG 3
		Children observes objects to compare, match and sort based on attributes	COG 2
Children will develop their motor skills to support learning	Perceptual, Motor, and Physical Development	Children will develop control of large motor skills	PD-HLTH 3
		Children will develop control of small muscles for manipulation and exploration	PD-HLTH 4
Children will develop habits that are healthy and safe		Children will learn and begin to demonstrate healthy and safe habits	PD-HLTH 5

### SCHOOL READINESS OUTCOMES



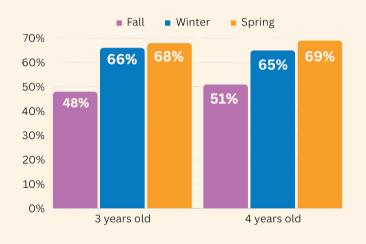
**4 YEARS OLD** 

#### 3 YEARS OLD

ENGLISH LANGUAGE DEVELOPMENT 86% Eighty-six percent of 3-year-old children are at or above "middle" range of English language development.	ENGLISH LANGUAGE DEVELOPMENT <b>98%</b> Ninety-eight percent of 4-year-old children are at or above "middle" range of English language development.
PHYSICAL DEVELOPMENT <b>81%</b> Eighty-one percent of 3-year-old children are at or above California Foundation Expectations.	PHYSICAL DEVELOPMENT 85% Eighty-five percent of 4-year-old children are at or above California Foundation Expectations.
LITERACY 67% Sixty-seven percent of 3-year-old children are at or above "middle" range of literacy based on California Foundation Expectations.	LITERACY <b>98%</b> Ninety eight percent of 4-year-old children are at or above "middle" range of literacy based on California Foundation Expectations.
MATHEMATICS 53% Fifty-three percent of 3-year-old children are at or above foundation expectations in mathematics.	MATHEMATICS 60% Sixty percent of 4-year-old children are at or above foundation expectations in mathematics.

### SCHOOL READINESS OUTCOMES

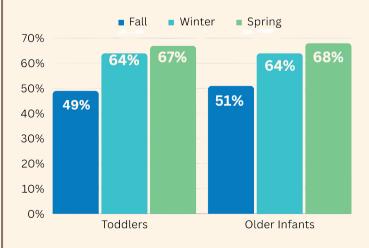
2022-2023 3 and 4 year old children percentage At or Above Foundation Expectations







2022-2023 Toddler and Older Infants percentage of children At or Above Foundation Expectations





### **FINANCIALS**

#### CSI Financials FY 2023

Revenue	
Federal Grants	\$16,016,194
State and County Grants	570,926
Corporate Contributions	
Foundation Contributions	5,000
Other Revenue	70,684
Loss on Disposal of Property and Equipment	-76,284
In-Kind Contributions	1,730,279
Total Revenue	18,316,799
Expenses	
Program Services Head Start	
Early Head Start	8,900,585
Early Head Start Child Care Partnership	7,629,147
Food Programs	0
State Preschool Program	285,324
Raising A Reader	481,575
Other Program Services	11,000
Total Program Services	226,673
	17,534,304
Supporting Services	
Management and General	
Fund Raising	1,295,026
Total Supporting Services	8,412
Total Expenses	1,303,438
	18,837,742
Change in Net Assets	(520,943)
Net Assets - Beginning of Year	7,359,358
Net Assets - End of Year	\$6,838,415

#### **CSI Financials FY 2022**

Federal Grants\$18,064,213State and County Grants739,770Corporate Contributions5,000Foundation Contributions5,000Other Revenue66,847In-Kind Contributions1,741,773Total Revenue20,617,603Expenses20,617,603Program Services8,722,231Head Start8,722,231Early Head Start7,637,701Food Programs289,602State Preschool Program544,726Other Program Services62,750Total Program Services62,750Total Program Services62,750Total Program Services8,400Total Supporting Services8,400Total Expenses1,226,115Total Expenses1,234,515Ind Raising1,226,115Total Expenses1,379,582Net Assets - Beginning of Year5,979,776Net Assets - End of Year\$7,359,358	Revenue	
State and County Grants739,770Corporate Contributions5,000Foundation Contributions5,000Other Revenue66,847In-Kind Contributions1,741,773Total Revenue20,617,603Expenses20,617,603Program Services8,722,231Head Start8,722,231Early Head Start7,637,701Early Head Start Child Care Partnership7,637,701Food Programs289,602State Preschool Program544,726Other Program Services62,750Total Program Services62,750Total Program Services18,003,506Supporting Services8,400Total Supporting Services8,400Total Expenses1,226,115Total Supporting Services8,400Total Expenses1,234,51519,238,0211,379,582Change in Net Assets1,379,582Net Assets - Beginning of Year5,979,776	Federal Grants	\$18,064,213
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Total Supporting Services8,400Total Expenses1,234,51519,238,021Change in Net Assets1,379,582Net Assets - Beginning of Year5,979,776	Fund Raising	1.226.115
Total Expenses     1,234,515       19,238,021     19,238,021       Change in Net Assets     1,379,582       Net Assets - Beginning of Year     5,979,776	Total Supporting Services	
19,238,021       Change in Net Assets     1,379,582       Net Assets - Beginning of Year     5,979,776	Total Expenses	
Net Assets - Beginning of Year 5,979,776		
Net Assets - Beginning of Year 5,979,776		
	•	
Net Assets - End of Year \$7,359,358	Net Assets - Beginning of Year	5,979,776
	Net Assets - End of Year	\$7,359,358

#### CSI Proposed Budget FY 2023-24

Head Start-Early Head Start		Early Head Start Child Care Partnership	
Direct Services	8,795,768	Direct Services	7,655,738
In-Kind Match	0	In-Kind Match	0
Total	\$8,795,768	Total	\$7,655,738

- Financial Audit: Child Start's most recent annual audit for program year 2022-2023had no findings.





CHILD AND FAMILY SERVICES

### PARTNERS

# We thank you for your continued support.

#### CHILDREN & FAMILIES







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