



WEEKLY UPDATE | October - 31 - 2022



**Head Start programs support children's growth from birth to age 5 through a variety of services:**

- ✓ Early learning and development
- ✓ Health
- ✓ Family well-being



*Stay*  
**CONNECTED**  
**WEEKLY UPDATE**

**DON'T FORGET**



**THIS YEAR, THE CLOCKS "FALL BACK" ONE HOUR AT 2 A.M. ON SUNDAY, NOV. 6, 2022.**

[www.childstartinc.org](http://www.childstartinc.org)

# Stay CONNECTED WEEKLY UPDATE



## FIRE SAFETY

This is a great resource about fire safety please distribute to parents, Thank you.

Home fires can start and spread quickly, so just a little bit of planning can make a big difference. Make sure to create a home fire escape plan and practice it regularly with your family.

### Hard Facts About Fire Safety

- In 2017, 268 children died in home fires.
- Nearly eighty-seven percent of all fire-related deaths are due to home fires, which spread rapidly and can leave families as little as two minutes to escape once an alarm sounds.
- Fires are not just a problem in the United States. In 2017, more than 27,000 children around the world died due to a fire or burn.
- Working smoke alarms reduce the chances of dying in a reported home fire by fifty percent.



Working smoke alarms reduce the chances of dying in a fire by nearly 50 percent.

### Top Tips for Fire Safety

1. **Check smoke alarms.** Make sure there is a working smoke alarm on every level of your home, inside bedrooms and near sleeping areas. Test smoke alarms every month and replace them every 10 years or when the battery is low.
2. **Create and practice a fire escape plan.** Create a [home fire escape plan](#) with two ways out of every room. Choose a place to meet outside that is a safe distance away from your home.
3. **Practice a home fire drill at least twice a year.** Practice a home fire drill with your family during the day and at night. Practice escaping in under two minutes. Sometimes that is all the time you will have to get out of the house safely.
4. **If there is a fire, leave home immediately.** If there is a lot of smoke, get low and crawl out of the house as quickly as possible. Call 911 after you are a safe distance away from your home.

To Learn More about Fire Safety please follow the link: <https://www.safekids.org/fire>



# Stay CONNECTED WEEKLY UPDATE



**THIS ISN'T  
ABOUT POLITICS.  
IT'S ABOUT  
PARTICIPATION. ↗**

## Election Day is November 4 2022.

### [Do you have a plan?](#)

Whether you plan to vote early, by absentee ballot, or in person — now's the time to get organized! Here are two steps you can take today:

1. Visit [nhsa.org/voter-engagement](https://nhsa.org/voter-engagement) for information on how to find your polling place or a ballot drop box near you, check your voter registration status, and get information about what's on your ballot.
2. Check in with your colleagues, neighbors, and friends to see if they need support on Election Day. Right now, voting and helping others to do so is the most powerful action you can take on behalf of your family, community, and country!

This is your chance to make a major difference. Let's get ready to vote!



# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department



Hello Child Start 401(k) Plan Participants –

While recent Market volatility can be a bit unnerving, volatility is actually a normal part of investing in financial markets. Our 401(k) plan advisors at Strategic Retirement Partners have provided us with a brief (15 minute) video, [2022 Q3 Navigating Volatile Markets](#), that may help to put current market conditions into perspective. The video addresses current market volatility, some of its root causes, and productive actions that can be taken during volatile markets. And, as a quick reminder, all of their educational materials culminate with a QR Code that you can use to schedule a quick consult with one of our investment advisory representatives.

You can also use this [Scheduling Link](#) to reserve time and discuss your individual questions. You may also contact them (Todd White, Stig Nybo, or Steven Faggiolly) directly by phone at 866-504-6571 or email at [ToddW@SRPretire.com](mailto:ToddW@SRPretire.com); [StigN@srpretire.com](mailto:StigN@srpretire.com); [StevenF@SRPretire.com](mailto:StevenF@SRPretire.com).

Thanks!





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CHILD AND FAMILY SERVICES

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## This Week's Question, Test Your Knowledge.



▶ Who is the author of the famous children's song "The wheels on the bus"?



▶ Submit your answers by sending an email to: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org) by November 3, 2022.

### Last week's trivia answer:

What's another word for Kinesthetic?

- If your answer is **A. Hands on learning/movement, You Are Correct!**
  - B. Learns by watching
  - C. Learns by listening
  - D. Doesn't learn at all

**"He who opens a school door, closes a prison."**

– Victor Hugo

