

Stay CONNECTED WEEKLY UPDATE



CONGRATULATIONS! NAPA TRIPLE P TEAM#6



Team #6 Triple P Napa Maria Cazares and Raquel Ceron held a successful Triple P seminary #1 in Spanish with eleven parents attending.

The seminar took place outdoors on the grounds of Fuller Park, parents were engaged discussing seminar # 1 "The Power of Positive Parenting".



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Introducing Starling's Mental Fitness Program

This highly interactive presentation will focus on stress, worry, and anxiety and how these can be challenged in achieving or maintaining a work-life balance.

The webinar will answer the following questions:

1. What is Starling Minds and how can the platform support our mental health?
2. How can we recognize and deal with our triggers?
3. What strategies can we use to set limits that allow us to better manage our mental health?

Speaker

Dr. Andrew Miki



Dr. Andrew Miki is the founder and Chief Science Officer of Starling. Andrew founded Starling with the mission to improve access to effective mental healthcare. Andrew leads Starling's research, strategy, and solutions to address mental health requirements and create validation frameworks to measure and report each digital program's efficacy. With a background in Clinical Psychology and Neuroscience, Andrew has expertise in neuropsychological assessments and the treatment of Anxiety Disorders, Mood Disorders, and Traumatic Brain Injuries. He continues to practice as a registered psychologist and provides Cognitive Behavioral Therapy for individuals with depression, anxiety, stress, and trauma to help them feel stronger, more confident, and resilient. Andrew holds a BSc in Psychology from Queen's University, an MA in Behavioral Neuroscience from Wilfrid Laurier and an MA and PhD in Clinical Psychology from York University.

To register click on the sign-up

Sign Up →

button



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Information Technology Department

How To Reset Your Password with Self-Service Reset

IT has enabled the *Self-Service Password Reset (SSPR)* for Child Start staff members as of Wednesday August 24, 2022. *SSPR will allow staff members to reset their own password - without IT intervention.*

- Please note that the ability to reset your password *only applies to the password you use for:*
 - your domain account (e.g., testuser@childstartinc.org or `DEVLIN\testuser`)
 - any Microsoft related products such as Email (Outlook), Teams, OneDrive, Office suite (Word, Excel, etc.)
- THIS IS NOT A PASSWORD-RESET FOR APPLICATIONS LIKE **CHILD PLUS, LEARNING GENIE, MIP, PAYCOM**, etc.

One of the requirements for enabling SSPR for users is Multi-Factor Authentication (MFA). MFA is an authentication method where a verification code is sent to your cell phone. *IT has configured your user account to use your Child Start-issued cell phone as your authenticating device.*

- To complete the MFA process, please follow the steps outlined in the attached document, "[PDF 01 – How To Confirm \(and Complete\) Your User Account MFA Setup.pdf](#)".
- You can also add your PERSONAL email address as a secondary authentication method by following the instructions in the attached document, "[PDF 02 – How To Add Your Personal Email Address As A Secondary Method of Authentication.pdf](#)" (this is *optional*).
- The third attachment document, "[PDF 03 – How To Reset Your Password Using the Self-Service Password Reset \(SSPR\) Portal.pdf](#)" contains instructions on how to reset your password.
 - You can test the password-reset via the SSPR portal until you get to Step 7 –click Cancel so you are not actually resetting your current password.

Please refrain from "Replying-to-All" and direct all questions/concerns to me or the IT HelpDesk (helpdesk@childstartinc.org).

Thank you,

Lory Palarca | IT Manager

Child Start, Inc.

lpalarca@childstartinc.org

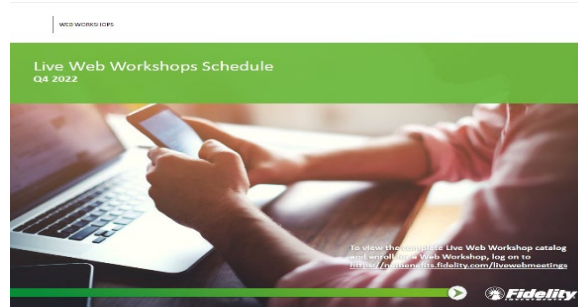


Stay CONNECTED WEEKLY UPDATE



Human Resources Department

OCTOBER Fidelity Live Workshops



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Five Money Musts 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Navigating Market Volatility 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Create a Budget and Build Emergency Savings 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Retirement Income Planning for Her 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Identify and Prioritize Your Savings Goals 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour Manage Unexpected Events and Expenses 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Your College Saving Options 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour
10	11	12	13	14
Get Started and Save for the Future You 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Invest Confidently for Your Future 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Get a Handle on Your Current Student Loan Debt 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Turn Your Savings into Retirement Income 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Learn the Basics of When and How to Claim Social Security 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Investing for Beginners 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Tackle Debt and Understand Your Credit Score 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 30 minutes
17	18	19	20	21
Organize, plan, & own your future. Making Financial Health a Priority 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Preserving Your Savings for Future Generations 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Make the Most of Your Retirement Savings 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Retirement Basics (Saving for the Future You) 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 30 minutes Prepare for the Reality of Health Care in Retirement 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Take the First Step to Investing 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour	Five Money Musts 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour
24	25	26	27	28
Learn the Basics of When and How to Claim Social Security 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Managing my money: Budget, emergency savings, and debt basics 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour	Understanding Roth Contributions in Your Workplace Savings Plan 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Get Started and Save for the Future You 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Identify and Prioritize Your Savings Goals 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Navigating Market Volatility 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Invest Confidently for Your Future 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour
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This Week's Question, Test Your Knowledge.



► In child development what age is the sensory-motor stage?

- A) 4-6 B) 3-5 C) 0-2 D) 10+



► Submit your answers by sending an email to: lpineda@childstartinc.org by October 13, 2022.

Last week's trivia answer:

Do you know who was the creator and first director of the Head Start Program?



If you answer is **Jule Meyer Sugarman**. **YOU ARE CORRECT!**

Launched in 1965^[2] by its creator and first director [Jule Sugarman](#) and [Bernice H. Fleiss](#). Head Start was originally conceived as a catch-up [summer school](#) program that would teach low-income children in a few weeks what they needed to know to start elementary school. The Head Start Act of 1981^[3] expanded the program. **Jule Meyer Sugarman** (September 23, 1927 – November 2, 2010) was a founder of Head Start who also led the program for its first five years. [Source WIKIPEDIA](#)

“Education is what remains after one has forgotten what one has learned in school”.

– Albert Einstein



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