



OCTOBER IS NATIONAL HEAD START AWARENESS MONTH



Head Start Awareness Month.

I invite you to join and share how you celebrate Head Start Awareness Month, please send your pictures and videos to lpineda@childstartinc.org and we will be posting these on social media with the hashtag #HeadStartAwareness. We want to feature stories with learning moments depicting socio-emotional activities, staff conducting literacy, parenting trainings just to mention a few.

For this month I invite you to place the email banner and use the virtual backgrounds for our internal and external meetings. To download these please follow the link below:

https://childstartincorg.sharepoint.com/:f:/s/ChildStartInc/ErXnjX3O4UtLklc_KUin_J8BDIVotuhktvhCCTvLoAOFDQ?e=PNQOq0

Let me share with you a brief story about the Head Start Awareness Month celebration.

Head Start Awareness Month is observed during the Month of October. It has been observed since October 22, 1982 when President Ronald Reagan proclaimed it. The Head Start Program itself was created by President Lyndon B. Johnson in 1964 as a project designed to break the cycle of poverty with the focus on providing comprehensive health, nutrition, and educational opportunities for children and families across the United States.

To Learn more, follow the link and explore the Head Start history with an [interactive timeline](#).

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CELEBRATING NATIONAL HEAD START AWARENESS MONTH

Share **How you'll celebrate National Head Start Awareness Month 2022**, below are a few tips to help you record a video:

Tips for filming a successful video:

We hope these videos will be candid conversations with Head Start teachers, parents, and staff. No preparation or fancy camera setups are necessary!

- Place your camera or phone at eye level so you are looking into it directly. Propping the camera or phone up on books may be helpful. If you are recording on a phone, place it on a stable surface (don't hold it in your hand!)
- Ideally, choose a quiet space with natural light. The best lighting is when you are facing the light source (sitting in front of a window is usually great!)
- Frame yourself in the center of the video, facing the camera directly.

If you are including a parent and child, they can sit on their lap or reposition the camera or phone at a lower height to capture their face. (Media Release consent will be requested before publication).

We are looking forward to all your great videos!

Source Head Start California



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EXTREMELY IMPORTANT EMAIL SECURITY ALERT!

Just another reminder to please be very careful with your email correspondence and always be on the lookout for *phishing emails* that may happen to land in your Inbox. I appreciate the Child Start staff member who submitted this to IT and for being vigilant and immediately suspecting that the email message to *not* be **legitimate**.

Here is a screenshot of the email message “supposedly” sent by a *Child Start employee*:

From: [redacted] <rightbox@mail.com>
Sent: Wednesday, August 3, 2022 9:59 AM
To: [redacted] <[\[redacted\]@childstartinc.org](mailto:[redacted]@childstartinc.org)>
Subject: ADJUSTMENT UPDATE

Hello,
Hope you're doing fine? My bank having little issue and i need to change my DD info.

Thanks

Some questions to ask yourself:

The sender's email address, ***rightbox@mail.com*** should immediately raise a flag that this is a suspicious email.

- Why didn't this Child Start employee use their Child Start email address (account) OR why did they use an email address that doesn't readily identify her or him?
- Does the email require action on my part?
 - especially if the action involves sending and providing sensitive information to the sender (i.e., Social Security numbers, Employee and/or Payroll IDs, etc.,
 - a request to change personnel information on file

Now if the email address showed an email address that followed Child Start's naming convention (first name initial, last name) but ***had a domain name other than @childstartinc.org*** (e.g., if the employee's name is John Doe, the email address would be jdoe@childstartinc.org but the email you received had jdoe@gmail.com as the email address), you should ***send a NEW email message*** to the sender with their Child Start email address to verify the validity of the email you had received – **DO NOT REPLY BACK TO THE SUSPICIOUS EMAIL.**

Please refrain from “Replying-to-All” and direct any questions/concerns to myself or the IT Helpdesk.

Thank you,
Lory Palarca | IT Manager
Child Start, Inc



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Human Resources Department

SHARE THE OPPORTUNITY!



**IN-HOUSE
HIRING**
PROMOTIONAL /
NON - PROMOTIONAL
JOB OPPORTUNITY

Job Position :
ERSEA SPECIALIST

APPLY TODAY !
complete the In-House
application and submit it
before the closing date of
October 6, 2022

For More Info Contact:
Alonso Duarte, HR Manager
aduarte@childstartinc.org
707-252-8931 ext. 2018



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Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

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Human Resources Department



Coping with Grief & Loss

Support kit to help with sorrow, emotion, and confusion that comes from losing someone or something important to you.

Grief is the normal response of sorrow, emotion, and confusion that comes from losing someone or something important to you. It is a natural part of life. Grief is a typical reaction to death, divorce, job loss, a move away from family and friends, or loss of good health due to illness.

Please click this link below to read the complete issue from Claremont

<https://www.childstartinc.org/wp-content/uploads/2022/09/grief-and-loss-support-guide-claremont.pdf>

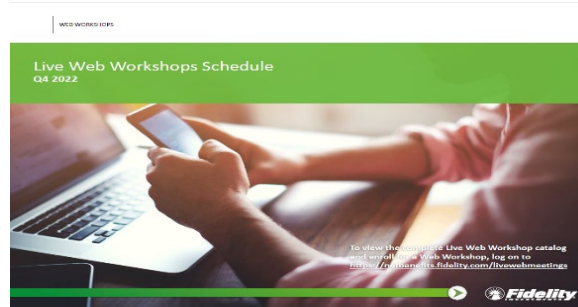


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Human Resources Department

OCTOBER Fidelity Live Workshops



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Five Money Musts 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Navigating Market Volatility 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Create a Budget and Build Emergency Savings 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Retirement Income Planning for Her 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Identify and Prioritize Your Savings Goals 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour Manage Unexpected Events and Expenses 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Your College Saving Options 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour
10	11	12	13	14
Get Started and Save for the Future You 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Invest Confidently for Your Future 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Get a Handle on Your Current Student Loan Debt 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Turn Your Savings into Retirement Income 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Learn the Basics of When and How to Claim Social Security 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Investing for Beginners 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Tackle Debt and Understand Your Credit Score 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 30 minutes
17	18	19	20	21
Organize, plan, & own your future. Making Financial Health a Priority 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Preserving Your Savings for Future Generations 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Make the Most of Your Retirement Savings 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Retirement Basics (Saving for the Future You) 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 30 minutes Prepare for the Reality of Health Care in Retirement 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Take the First Step to Investing 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour	Five Money Musts 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour
24	25	26	27	28
Learn the Basics of When and How to Claim Social Security 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour	Managing my money: Budget, emergency savings, and debt basics 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour	Understanding Roth Contributions in Your Workplace Savings Plan 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 30 minutes Get Started and Save for the Future You 4 PM ET/ 3 PM CT/ 1 PM PT Duration: 1 hour	Identify and Prioritize Your Savings Goals 10 AM ET/ 9 AM CT/ 7 AM PT Duration: 1 hour Navigating Market Volatility 2 PM ET/ 1 PM CT/ 11 AM PT Duration: 1 hour	Invest Confidently for Your Future 12 PM ET/ 11 AM CT/ 9 AM PT Duration: 1 hour
31				



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IMPORTANT VACCINE RESOURCE



VACCINES ARE FREE AND WALK-INS ARE WELCOME!
ALL COVID-19 VACCINES, INCLUDING BIVALENT • ALL AGES FOR FLU VACCINES

Date	Location	Address	Time	Age group COVID-19
27-Sept	Napa High School	2475 Jefferson St. Napa	3 - 6pm	6 months +
30-Sept	PUC Seventh-Day Adventist Church	10 Angwin Ave, Angwin	3 -6pm	5 years +
2-Oct	Kaiser Medical Center	3285 Claremont Way, Napa	10am - 2pm	6 months +
5-Oct	American Canyon High School	3000 Newell Dr, American Canyon	3 - 6pm	6 months +
6- Oct	Calistoga High School	1608 Lake St, Calistoga	3:30 - 5:30pm	5 years +
12-Oct	McPherson Elementary	2670 Yajome St., Napa	3 - 6pm	6 months +
19-Oct	Philips Magnet Elementary	1210 Shetler Ave, Napa	3 - 6pm	6 months +
25-Oct	Yountville Community Center	6516 Washington St, Yountville	10am-1pm	6 months +
27-Oct	Napa Senior Center	1500 Jefferson St, Napa	11am-2pm	6 months +
2-Nov	St. Helena High School	1401 Grayson Ave. St Helena	3:30 - 5:30pm	5 years +





FLU & COVID-19 VACCINES FAQ'S

YOU MATTER! PROTECT YOURSELF AND OTHERS THIS FLU SEASON!

COVID-19 AND INFLUENZA SYMPTOMS ARE VERY SIMILAR. HERE ARE A FEW THINGS YOU CAN DO TO PROTECT YOURSELF AND PREVENT THE SPREAD OF DISEASE:

- WEAR A MASK WITH GOOD FILTRATION (SURGICAL GRADE, N95 OR KN95)
- GET TESTED FOR COVID-19 IF YOU HAVE SYMPTOMS OR HAVE BEEN EXPOSED
- STAY HOME IF YOU ARE SICK
- GET YOUR FLU AND COVID-19 VACCINES AS SOON AS POSSIBLE

WHEN IS IT THE RIGHT TIME TO GET THE FLU VACCINE?

SEPTEMBER AND OCTOBER ARE GOOD TIMES TO GET VACCINATED. HOWEVER, AS LONG AS FLU VIRUSES ARE CIRCULATING, VACCINATION SHOULD CONTINUE, EVEN INTO JANUARY OR LATER.

WHY DO WE RECOMMEND FLU AND COVID-19 VACCINES?

GETTING VACCINATED FOR BOTH THE FLU AND COVID WILL ENSURE THAT A PERSON WILL BE PROTECTED AGAINST SEVERE ILLNESS, HOSPITALIZATION AND DEATH FROM COVID-19 AND THE FLU VACCINE CAN HELP SOMEONE FROM GETTING PNEUMONIA OR BRONCHITIS. GETTING SICK DURING A PANDEMIC IS SERIOUS AND CAN BE PREVENTED. YOU MATTER, PROTECT YOURSELF AND YOUR COMMUNITY!

IS IT OKAY TO GET THE COVID-19 VACCINE WITH OTHER VACCINES (IN ADDITION TO COVID/FLU)?

YOU CAN GET A COVID-19 VACCINE AND OTHER VACCINES AT THE SAME VISIT. WHAT STUDIES SHOW ABOUT HOW OUR BODIES DEVELOP PROTECTION AFTER GETTING VACCINATED IS THAT THE IMMUNE RESPONSE IS THE SAME WHETHER YOU GET ONE VACCINE OR MULTIPLE VACCINES AT THE SAME TIME.

WHAT CAN I EXPECT IF I GET BOTH THE FLU AND COVID VACCINES IN ONE DAY?

IF MULTIPLE VACCINES ARE ADMINISTERED AT A SINGLE VISIT, IT CAN BE EXPECTED THAT EACH INJECTION WILL BE ADMINISTERED IN A DIFFERENT PART OF THE BODY. YOU CAN ALSO EXPECT THE SAME DEGREE OF SIDE EFFECTS AS IF YOU HAD GOTTEN ONLY ONE VACCINATION.

VISIT THE NAPA COUNTY WEBSITE TO SEE THE COVID-19 VACCINATION CALENDAR AND TO KNOW MORE ABOUT THE FREE FLU VACCINE IN NAPA COUNTY



NAPA COUNTY
Health & Human
Services Agency

707-253-4540

CORONAVIRUS@COUNTYOFNAPA.CA

WWW.COUNTYOFNAPA.ORG

[REGISTRATION AVAILABLE VIA MYTURN.CA.GOV](https://myturn.ca.gov)

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THANK YOU!



Thank you, Marvin and Marta, for volunteering at the outreach event in Fairfield at the Cordelia Library.

Submitted by Alma Jimenez



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"On The Spotlight"

Martina Valencia, Home Base 2!!



For presenting at the Napa Women Center about Child Start services for children and families supporting our efforts to outreach and build a stronger community partnerships.

Submitted by Alma Jimenez.



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Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

This Week's Question, Test Your Knowledge.



▶ Do you know who was the creator and first Director of the Head Start Program?



▶ Submit your answers by sending an email to: lpineda@childstartinc.org by October 6, 2022.

Last week's trivia answer:

Do you know how many Head Start and Early Head Start classrooms are all around the country in 2022?

If you answer **52,958 classrooms** **YOU ARE CORRECT!** Source NHSA 2022 data

“Play gives children a chance to practice what they are learning.”

– Fred Rogers



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