



WEEKLY UPDATE | September - 12 – 2022



Celebrating Head Start Hispanic And Latino Heritage

Latino and Hispanic communities are the largest and fastest-growing communities in our Head Start programs across the country.

The number of Hispanic families with enrolled children has doubled over the last three decades. Head Start parents, teachers, administrators, and advocates strengthen and celebrate their heritage and community by centering the role of families in children's education.

Click the link below to learn more.

[Hispanic Heritage - NHSA](#)



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CELEBRATING NATIONAL HISPANIC HERITAGE



• NATIONAL HISPANIC HERITAGE MONTH

September 15 to October 15



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

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"On The Spotlight"

Beck State celebrating Families

At Beck State we celebrated our perfect attendance families. The children were proud to show off their certificate. Great job parents!



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CLAREMONT
Powered by  uprisehealth

Resources & Events



Suicide Prevention Awareness Month

Throughout the month of September, many organizations including National Alliance on Mental Illness (NAMI), raise awareness on suicide, spread hope, share helpful resources, and try to increase conversations about suicide prevention.

National Suicide Prevention Week also happens in September. This year, it will begin on Sunday, September 4th and end on Saturday, September 10th. As part of this campaign, many health organizations conduct depression screening and make additional tools available.

- **988 Suicide Hotline:** Learn how we can all help: <https://988lifeline.org/how-we-can-all-prevent-suicide/>
- **Crisis Textline:** Text HOME to 741741 to connect with a crisis counselor: <https://www.crisistextline.org/>
- **Veterans Crisis Line:** <https://www.veteranscrisisline.net/>
- **Substance Abuse and Mental Health Services Administration:** <https://www.samhsa.gov/find-treatment>
- **NAMI blog:** Talk to your Teen about Suicide: <https://link.uprisehealth.com/talk-about-suicide>
- **NAMI blog:** My Case for Using and Respecting Trigger Warnings: <https://link.uprisehealth.com/trigger-warnings>
- **Uprise Health Blog:** Faking It Online: <https://link.uprisehealth.com/faking-it-online>



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Human Resources Department

VISIT AN IN-SHAPE CLUB AND TAKE ADVANTAGE OF YOUR

CORPORATE DISCOUNT

IN-SHAPE AMENITIES

- Kid Zone with On-Site Childcare*
- Large Cardio Theater with Personal Viewing Screens
- Indoor and Outdoor Pools
- Unlimited Studio Classes
- Saunas, Steam Rooms and Spas
- Pickleball/Tennis/Racquetball
- Indoor and Outdoor 360FIT Functional Training Zones
- Strength Training and Free Weight Areas

WORK DAY CONVENIENCES

- 29-Minute Circuit®
- 5-Star Cleaning Standards
- Complimentary Wi-Fi
- Locker Room and Shower Necessities
- Healthy Drinks + Snacks Available*
- Towel Service*
- Coffee Bars*
- Excellent Customer Service

TRY THE CLUB FOR FREE

Stop by for your 1-DAY guest pass.

NAME _____

EXPIRES 12/31/2022. May not be redeemed for cash. Valid for 1 day from activation. Must be at least 18 years of age with valid photo ID. Limit one pass, regardless of duration, per person every 6 months. Club tour with Membership Experience Ambassador required. Amenities and facilities vary by location. Certain restrictions apply.

**VISIT INSHAPE.COM
FOR MORE CLUB DETAILS**

Amenities vary by location. *Additional fees may apply.

ENROLL ONLINE AT INSHAPE.COM OR AT YOUR LOCAL CLUB.

Child Start, Inc
Corporate Code: CHST1914
15% off recurring dues



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WORLD SUICIDE PREVENTION DAY



Child Start
incorporated

CHILD AND FAMILY SERVICES

**Today, we remind
ourselves to look
out for one
another.**



September 10
World Suicide Prevention Day



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www.childstartinc.org

WE ARE HIRING

OPEN POSITIONS

- INFANT/TODDLER CAREGIVER.
- CLASSROOM ASSISTANT.
- LEAD TEACHER

APPLY NOW



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ERSEA Department Outreach Opportunity

If you would like to volunteer, please contact Alma Jimenez at ajimenez@childstartinc.org or call 707-252-8931 x 2013.

**THE
LORI FRANK MEMORIAL
HEALTH FAIR
2022**

HOSTED BY THE SOLANO COUNTY DISTRICT
ATTORNEY'S OFFICE

STRONGER TOGETHER

FREE FAMILY FUN, ACTIVITIES, VENDORS, AND
ENTERTAINMENT

SATURDAY, OCTOBER 15TH, 2022
10 AM TO 2 PM
ANNEX LAWN ACROSS 604 EMPIRE ST. FAIRFIELD, CA

For more information, contact 707-784-7635



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Thank you for volunteering your time



THANK YOU, Stephanie Ferguson, and Winona Vaughn, for volunteering last September 2 and 3, 2022, at "Labor Day Wellness Fair" at Solano Town Center Mall in Fairfield.

Volunteers are special. We appreciate you and everything you do!

Alma Jimenez, ERSEA Department.



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This Week's Question, Test Your Knowledge.



- ▶ In 2012, President Barack Obama proclaimed September to be the awareness month for?



- ▶ Submit your answers by sending an email to: lpineda@childstartinc.org by September 15, 2022.

Last week's trivia answer:

In what year "Labor Day" became a federal holiday?

a) 1964, b) 1975, c) 1894, d) 1906

If you answer is **C) 1894**, **YOU ARE CORRECT!**

"Education is a vaccine for violence".

– Edward James Olmos



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