



WEEKLY UPDATE | August - 8 – 2022



INTRODUCING

Getting Better Sleep for Head Start



Join NHSA for a four-week interactive [Sleep Workshop](#) with Starling Minds Mental Fitness Coach, Tara Achkar to help restore your healthy, natural sleep and feel more rested and energized for the day.

Weekly on Tuesdays: Aug 2 - 23, 2022 | 7 p.m. ET

In this four-week Sleep Workshop, you will learn proven strategies to reverse poor sleeping habits, strengthen your natural sleep system, break down obstacles to healthy sleep, and restore the sleep you need to feel more rested to live your best life.

Join this exciting workshop now by registering below.

[Register Now](#)

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WELCOME TO THE TEAM

Child Start
incorporated
CHILD AND FAMILY SERVICES

Kessa D'Anjou- Center Director 2 (Beck)
Maria Romero- Classroom Aide (Mayacamas)
Elena Gudino- Family Advocate (Sereno Village)



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

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Thank you for volunteering your time



**THANK YOU, Raquel Ceron and Alma Jimenez, for
volunteering last Tuesday August 2, 2022, at "2022
South Vallejo National Night Out Resource Fair"**

Volunteers are special. We appreciate you and everything you do!

Alma Jimenez, ERSEA Department.



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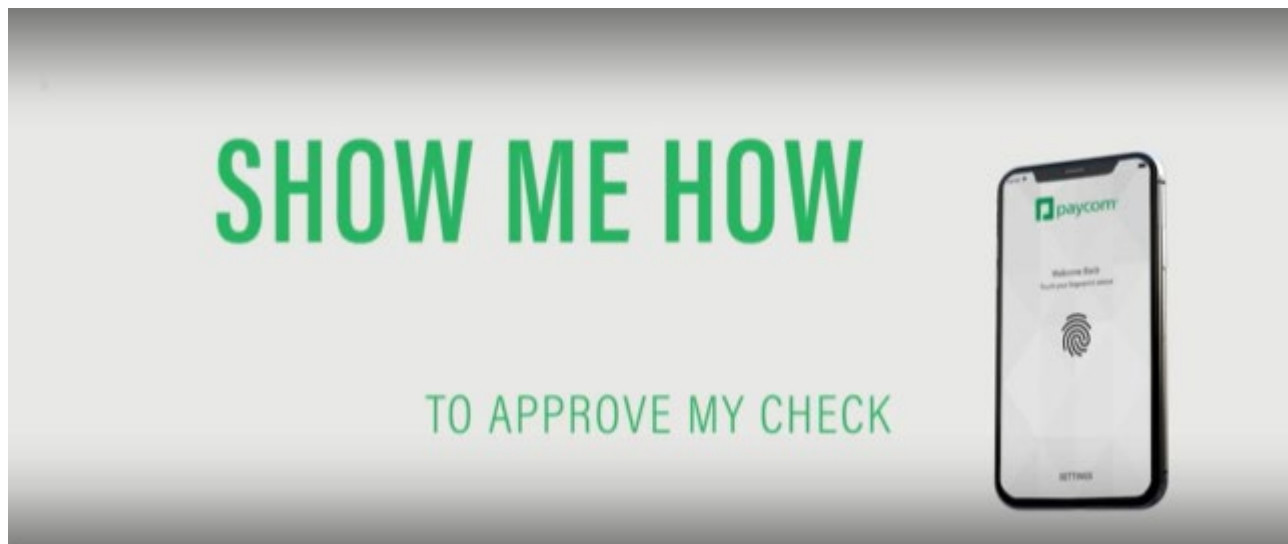


Human Resources Department



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Promoting Higher-Order Thinking and Language Skills



Children are born ready to explore and learn about the world around them. Programs offer professional development and coaching to help education staff use effective teaching practices. This includes using interactions that facilitate concept development to support:

- Children's innate curiosity and creativity
- Children's higher-order thinking (e.g., reasoning, analysis, problem-solving) and language skills
- Opportunities for children think more deeply about the world around them

For preschool children, these practices support the Concept Development dimension (Instructional Support domain) as defined in the *Classroom Assessment Scoring System (CLASS®) Pre-K Manual*. Concept Development "measures the teachers' use of instructional discussions and activities to promote students' higher-order thinking skills and cognition and the teacher's focus on understanding rather than on rote instruction."

Learn More [promoting-adult-child-interactions-support-higher-order-thinking-language-skills](#)



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We Are Hiring

open positions



- EHS-CCP COMPREHENSIVE SERVICES COACH.
- INFANT/TODDLER CAREGIVER.
- FAMILY SERVICES COORDINATOR.
- CLASSROOM ASSISTANT.
- LEAD TEACHER – Part Day/ Part Year.
- FAMILY SERVICES COORDINATOR.

APPLY TODAY!

For More Information visit
www.childstartinc.org/about/careers/job-openings/





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This Week's Question, Test Your Knowledge.



► Which of the following is a subset of Early Childhood Education?

a) Teacher's Education, b) Parent's Education, c) Infant Education, d) Teen Education



► Submit your answers by sending an email to: lpineda@childstartinc.org by August 11, 2022.

Last week's trivia answer:

Early Childhood Education developed as a field of study during...?

a) World War II, b) Thew Revolution, c) The Enlightenment, d) Dark Ages

If you answer is **C) the Enlightenment period, YOU ARE CORRECT!**

An European intellectual movement of the late 17th and 18th centuries emphasizing reason and individualism rather than tradition. It was heavily influenced by 17th-century philosophers such as Descartes, Locke, and Newton, and its prominent exponents include Kant, Goethe, Voltaire, Rousseau, and Adam Smith.

"If you're going to equalize the academic playing field, you've got to get the kids in early childhood programs."

– Paul Vallas



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