



**WEEKLY UPDATE | July - 25 – 2022**



## Head Start Cares About Your Whole Family

This video clip for Head Start and Early Head Start programs. This animation highlights Head Start programs' strengths-based approach that recognizes families as their children's first teachers and honors cultural perspectives when building relationships with families.



**To learn more, click on the image above to watch the short video.**

# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department

### Juggling multiple money goals?

Find balance with **financial wellness**.

**1 in 5** people feel a little worried about reaching their savings goals.\*

No matter where you are on the financial spectrum today, Fidelity can help you achieve financial wellness.

[Learn more](#)



Investing involves risk, including risk of loss.

\* Based on 1.75M completed responses of the Financial Wellness Assessment from 12/09/2019-03/31/2022.

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# Stay CONNECTED WEEKLY UPDATE

## THIS WEEK'S JULY LIVE WORKSHOPS

### Live Web Workshops Schedule Q3 2022



To register for a Web Workshop, log on to  
<https://netbenefits.fidelity.com/livewebmeetings>



25	26	27	28	29
4 PM EST/ 3 PM CST/ 1 PM PST Manage Unexpected Events and Expenses	2 PM EST/ 1 PM CST/ 11 AM PST Maximize Social Security in Your Retirement Strategy	2 PM EST/ 1 PM CST/ 11 AM PST Preserving Your Savings for Future Generations	2 PM EST/ 1 PM CST/ 11 AM PST Identify and Prioritize Your Savings Goals	12 PM EST/ 11 AM CST/ 9 AM PST Make the Most of Your Retirement Savings



# Stay CONNECTED WEEKLY UPDATE



## IMPORTANT RESOURCE UPDATE

**988** | SUICIDE PREVENTION &  
CALIFORNIA | MENTAL HEALTH CRISIS  
L I F E L I N E

988 has been designated as the three-digit dialling code that will route callers to the **National Suicide Prevention & Mental Health Crisis Lifeline** and increase the accessibility of the Lifeline for individuals beginning July 16, 2022.

HELP IS JUST  
THREE  
NUMBERS  
AWAY: 988

[Call the Lifeline 988](#)

[Chat with Lifeline](#)



# Stay CONNECTED WEEKLY UPDATE



## National Drowning Prevention Day – July 25, 2022



National Drowning Prevention Day is held on July 25 every year as a means of raising awareness of the catastrophic and long-term effects of drowning on families and communities, as well as life-saving ways to prevent it. Every year, an estimated 236,000 individuals drown, and it is one of the top ten fatalities of kids aged five to 14. Toxicological studies show that children and adolescents from rural areas are more likely than urban dwellers to drown. Let's take a deeper look at how to prevent drowning, particularly in children.

Learn More, follow the link <https://nationaltoday.com/national-drowning-prevention-day/>





# Stay CONNECTED WEEKLY UPDATE



## ERSEA Department

### South Vallejo 2022 National Night Out & Resource Fair

Free Food, Clothing, and Mental Health Resources

La Clinica  
Emmanuel Arms Community  
Solano County Health  
Black Infant Health  
Touro University

Substance Abuse Services  
Fighting Back Partnership  
Legal Services of Northern California  
Local Vendors  
And many more...



“Welcome Back”  
Free Admission



Tuesday, August 2, 2022 6pm - 8:00pm  
**Emmanuel Temple Apostolic Church**  
900 6th Street, Vallejo, CA 94590 / (707)642-2391  
[www.emmanuelarmsinc.org](http://www.emmanuelarmsinc.org)

For more information or to donate  
Contact: Deacon Daniel Harding  
(707) 631-1261 / [deaconharding@sbcglobal.net](mailto:deaconharding@sbcglobal.net)



# Stay CONNECTED WEEKLY UPDATE



## Part Day/ Part Year Staff Return Dates

IMPORTANT DATES TO REMEMBER

Program option	Staff return date	Pre-service	First Day with children
CSPP/CCTR		July 27-29	August 1
Full Day/Full Year		July 25-29	
FD/PY (Duration)	CD - July 19 FA - July 26	Aug 2-12	August 15
Part Day/Part Year	Staff - Aug 2		



## This Week's Question, Test Your Knowledge.



▶ **What percentage of our enrolled children have to be disability?**



▶ Submit your answers by sending an email to: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org) by July 28, 2022.

### Last week's trivia answer:

**Who is the current Office of Head Start Director?**

If your answer is **Dr. Bernadine Futrell** **YOU ARE CORRECT!**

Learn More here:

<https://eclkc.ohs.acf.hhs.gov/blog/office-head-start-leadership-transitions>

**“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.”**

**—Malcolm X.”**



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