



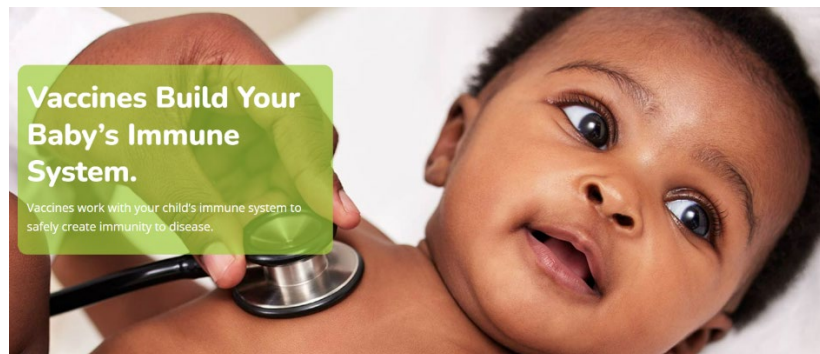
WEEKLY UPDATE | August - 1 – 2022



## Pediatric Vaccine Resource for Families.

Solano County Public Health, First 5 Solano, Partnership HealthPlan of California (PHC), Ole Health, La Clinica, Help Me Grow Solano and Child Start have developed and launched a new website for parents and families seeking information about childhood immunizations. The website, [SolanoVaxFacts.com](https://www.solanovaxfacts.com), serves as a public resource for information on early childhood immunizations, including facts about vaccines, where to get vaccinated, payment assistance, and more. Community members can also download a vaccine schedule that details the timeline for necessary immunizations for children aged two months through 16 years.

On this website you will find answers to the most common questions about vaccinations and their importance.



To learn more, click on the image above.

# Stay CONNECTED WEEKLY UPDATE



## NATIONAL IMMUNIZATION AWARENESS MONTH



There is no one preventive health measure more important than immunization. As the World Health Organization notes, the international medical community has endorsed the use of vaccines and immunization to prevent and control a number of infectious diseases, as well as chronic diseases caused by “infectious agents.” Vaccinating your child can avoid suffering and death associated with afflictions like diarrhea, measles, pneumonia, polio and whooping cough. The American Academy of Pediatrics says vaccines are 99% effective. Every vaccine goes through a series of tests before being approved to ensure safety. Vaccines are necessary to prevent the spread of infectious diseases. Some diseases that many had thought eradicated have reappeared, as polio did in Venezuela in 2018. Vaccines are studied intensively by the FDA, the CDC and many other organizations that vigilantly in keep watch over existing vaccines for possible complications.

Herd immunity is when a certain percent of immunized people in a community reaches a level where everyone (including those who are too young or too sick to be immunized) get some degree of protection. It’s important that as many people as possible get immunized. It’s very risky to the health of other children to rely on herd immunity to protect your non-immunized child. By forgetting or opting to skip booster vaccinations, you are undercutting the effectiveness of herd immunity for both your own family and the community at large.

Learn More [NATIONAL IMMUNIZATION AWARENESS MONTH](#)



# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department

### Navigating Market Volatility



While recent Market volatility can be a bit unnerving, volatility is actually a normal part of investing in financial markets. Our 401(k) plan advisors at Strategic Retirement Partners have teamed up with Fidelity (our 401(k) Plan provider) to bring you a common sense session on understanding market movements and volatility.

**REGISTER TODAY!**

#### Understand the importance of:

- Having a plan,
- How to avoid common pitfalls, and
- Explore six things you can do right now.

DATE:

**Tuesday, August 9th**

TIME:

**11:00am PT**





## IMPORTANT RESOURCES

### 1. The National Maternal Mental Health Hotline is LIVE!

**The National Maternal Mental Health Hotline is live!** The Hotline, funded by the U.S. Health Resources and Services Administration (HRSA) and powered by Postpartum Support International, is available 24/7, 365 days a year, in English or Spanish and other languages by request.

Staffed by licensed and credentialed perinatal mental health and healthcare providers, childbirth professionals, and certified peer specialists, the Hotline provides immediate and informed access to support, understanding, brief intervention, and resources to all pregnant, postpartum, and post-loss individuals AND their partners and families.

Call or text the Hotline anytime to connect. **You do not need a diagnosis to reach out for help.**

**National Maternal Mental Health Hotline: 1-833-943-5746**

### 2. Watch Me Grow, Inc. 2nd Annual ACEs Awareness Community Resource Fair

Watch Me Grow is excited to host their 2<sup>nd</sup> annual adverse childhood experiences (ACEs) awareness community resource fair on Saturday, August 13<sup>th</sup>, from 1:00-3:00pm. The event will take place at City Park, located at 425 Alabama Street in Vallejo. They are currently seeking organizations to table at the event, as well as volunteers.

If you are an organization that provide resources, please [CLICK HERE](#) to participate at this event. We are always in need of volunteers. Please [CLICK HERE](#) to sign up for your interest area to serve.

To learn more, go to: <https://watchmegrowinc.com/>



# Stay CONNECTED WEEKLY UPDATE



## IMPORTANT RESOURCE UPDATE

**988** | SUICIDE PREVENTION &  
CALIFORNIA | MENTAL HEALTH CRISIS  
L I F E L I N E

988 has been designated as the three-digit dialling code that will route callers to the **National Suicide Prevention & Mental Health Crisis Lifeline** and increase the accessibility of the Lifeline for individuals beginning July 16, 2022.

HELP IS JUST  
THREE  
NUMBERS  
AWAY: 988

Call the Lifeline 988

Chat with Lifeline



Website: [www.childstartinc.org](http://www.childstartinc.org)



Contact: Luis Pineda  
707-333-1874



Email: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org)



# Stay CONNECTED WEEKLY UPDATE

## "ON THE SPOTLIGHT"

Thank you for volunteering your time and expertise!



**THANK YOU, Edna Solorio, Antonio Perez and  
Jessica Lopez for volunteering last Sunday  
July 24, 2022, at "Día de la Familia"  
Napa Farmers Event.**

**Volunteers are special. We appreciate you and everything you do!**

Alma Jimenez, ERSEA Department.



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## This Week's Question, Test Your Knowledge.



- ▶ **Early Childhood Education developed as a field of study during...?**  
a) World War II, b) The Revolution, c) The Enlightenment, d) Dark Ages



- ▶ Submit your answers by sending an email to: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org) by August 4, 2022.

### Last week's trivia answer:

**What percentage of our enrolled children have to be disability?**

If you answer is **10% YOU ARE CORRECT!**

**"The work of education is divided between the teacher and the environment."**

**~ Maria Montessori**



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