



WEEKLY UPDATE | June - 20 - 2022



Greetings, Child Start Team –

This week we are excited, anxious, happy, nervous, etc. about our federal review. I am certainly feeling a gamut of mixed emotions and must remind myself that, while this is an opportunity to put our best foot forward, we do so much and not everything is going to be where we may want them to be. That said, I want to assure you that, if you try your best, we are going to be fine. We are a high caliber program with experienced teams that will get us through, so don't fret. However, if you'd like some tips on how to approach this review, here are a few that I have learned over the past 25 years at Head Start.

10 Tips for a Successful Review

- Child safety is a top priority. Don't allow the process to take you away from supervising children.
- First impressions matter. Clean, uncluttered, and webless (as an example) environments make a good first impression; smiles on staff and happy children do as well.
- Welcome the reviewers by greeting them. Literally say "Welcome!" and let them know that if they have questions, you are available to help.
- Remember that this is an opportunity to put our best foot forward; highlight the great things getting done and how proud we are of our accomplishments.

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- Respond to questions with confidence, and don't be afraid to acknowledge when you don't know something and that you will get back to them with a response.
- Rely and trust your team members to do their part; support them as needed.
- Let parents know that there will be guests in the classroom and why. You never know...a reviewer may see a parent and want to ask them questions.
- While I've heard others say to approach a review like any other day, this is not an ordinary week and our mindset, energy, attitude, appearance, and teamwork should reflect that.
- Stay focused on the task at hand, relax, and try your best.
- Lastly, we will address any concerns and celebrate successes, together!

Take care everyone, and let's make this week both a meaningful and learning experience together.

In Peace,

Juan Cisneros, Executive Director



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**JUNE
19TH**



**CHILD START JOINS THE
CELEBRATION OF JUNETEENTH
COMMEMORATING THE ENDING OF
SLAVERY IN THE UNITED STATES.**

**JUNE
TEENTH**
FREEDOM DAY



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Child Start C.O.S. Highlights 2022



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Our EHS-CCP Comprehensive Service Coach, Michele Cross, has informed us that she will be retiring.

Michele, began her career as a preschool teacher at Genentech's 2nd Generation in South San Francisco in the early 90's. Moving from San Francisco, she was employed as a Head Start Classroom Head Teacher with SCEOC. Later SCEOC became known as Napa-Solano Head Start. During that time, she was promoted to Resource Teacher. She also earned her master's degree in Human Resource Management and began her HR career with Kaiser Permanente for over ten years.

Michele returned to Child Start, Inc on May 17, 2017 as an EHS-CCP Coach. May 17th marked her 5th year of services with Child Start as an EHS-CCP Comprehensive Service Coach. Yesterday, was her official notice advising us of her intention to retire July 15, 2022.

Please join me in celebrating her many years of services in the early learning workforce. She has made many positive impacts through out her career with children, families, partners, and staff. We wish her all the best on her new journey and warmest regards.

Michele, "Thank you" for all you have done with Child Start, Inc.

Submitted by April Del Rosario



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In April, thanks to years of education and advocacy efforts by the Head Start community, the Office of Head Start (OHS) took a [significant step](#) to better support young children and their families who experience food insecurity. Leveraging the president's [executive order](#), OHS announced a [rule change](#) that allows families enrolled in the Supplemental Nutrition Assistance Program (SNAP) to automatically qualify for Head Start and Early Head Start.

This one, simple change to verifying Head Start eligibility is already making it easier for families to access Head Start. In just a few short weeks since the announcement, the rule change is strengthening Head Start's outreach to children and families facing food insecurity and is galvanizing new state and local partnerships.

To Learn More, follow the link: <https://nhsa.org/connecting-families-facing-food-insecurity-to-head-start/>



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Did you know that our Employee Assistance Program EAP Claremont has a Diversity, Equity, and Inclusion Resource Center?

Here you will find national and Claremont resources about diversity, inclusion and equity, such as Anti-Racism Resources form a Greater Good, The Genderbread person, Responding to Community Unrest, and much more.

To Learn More follow the link: <https://www.claremonteap.com/diversity-equity-inclusion-resource-center/>

See additional resource on next page



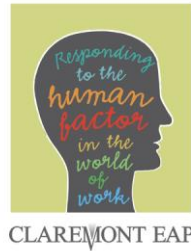
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Lean on Claremont EAP

Claremont believes in equality and justice.

Staying centered, having empathy and engaging in difficult conversations about race can be challenging. We know that opening lines of communication is essential. That's why Claremont is an important part of your self-care toolkit.

Lean on Claremont EAP to help manage these challenging times and to develop coping strategies to manage and thrive.

Access your counseling visits with a licensed clinician to discuss a range of issues and emotions such as:

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- Stress
- Grief
- Anger
- Frustration
- Loss
- Anxiety
- Fear
- Isolation
- Uncertainty

Claremont EAP provides free and confidential counseling, legal and financial consultations and work/life referrals.

800-834-3773

www.claremonteap.com

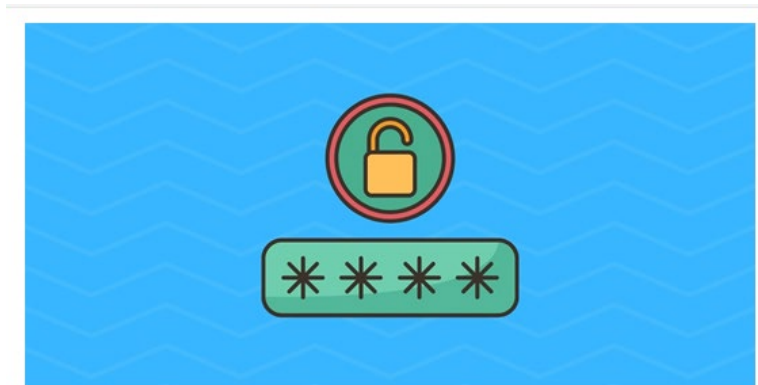
positivitycenter.org

For tools and guidance with the conversation about race, visit:
[National Museum of African American History and Culture - Talking About Race](#)

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Information Technology Department



How to Find Out if YOUR Passwords Are Being Sold Online BY ANKUSH DAS

Even your strongest passwords aren't safe from hackers. But there are ways to check if your password is stolen or not.

Whether you have the strongest or weakest passwords, countless scenarios can leak your password online. It could be a data breach, or you accidentally shared your credentials with a malicious actor through a phishing website.

But how do you tell if your password has been hacked? And what are some of the easiest ways to find that? Here, we share some of the most effortless methods through which you can check if your password has ever leaked online.

To learn more and **to Check if Your Password Has Leaked Online** follow the link below:

[is-my-password-leaked-and-sold-online](#)



This Week's Question, Test Your Knowledge.



▶ This school was centered around fresh air, bathing, and sleep to improve the health of children living in the slums of London. Who was the founder?

a) The McMillian sisters b) Abigail Elliot c) Susan Isaacs



▶ Submit your answers by sending an email to: lpineda@childstartinc.org by June 16, 2022.

Last week's trivia answer:

What are the 5R's of Early Childhood Education?

If your answer is Reading, rhyming, routines, rewards, and relationships, YOU ARE CORRECT!

Reading, rhyming, routines, rewards, and relationships help young children develop the social, language, and emotional skills needed for healthy brain development.

Source <https://www.uvpediatrics.com/topics/the-5rs-of-early-education/>

“Every day, in a 100 small ways, our children ask, ‘Do you hear me? Do you see me? Do I matter?’ Their behavior often reflects our response.”

- L.R. Knost -



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