



WEEKLY UPDATE | June - 13 - 2022



Child Start C.O.S. Highlights 2022



Greetings, Child Start Team –

Here are some more moments from our Celebrating Our Success In-Person Event last week on June 1st, 2022. The smiles and excitement were visible amongst everyone, and the best part was the camaraderie, including breaking bread together and sharing great conversations.

Many of you expressed that this opportunity allowed you to meet new team members and appreciated the event and amenities provided, mocktails, food and shaved ice.

Thank you to the organizing “Worker Bees” committee that made this possible!

See next page for highlights.

Stay CONNECTED WEEKLY UPDATE



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Website: www.childstartinc.org



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FIRST 5
CALIFORNIA®



A Message from the California Surgeon General.

California Surgeon General Nadine Burke Harris shares a message about the importance of talking, reading, singing, and counting with young children to build healthy brains and boost resilience.



Watch the video message [HERE](#)



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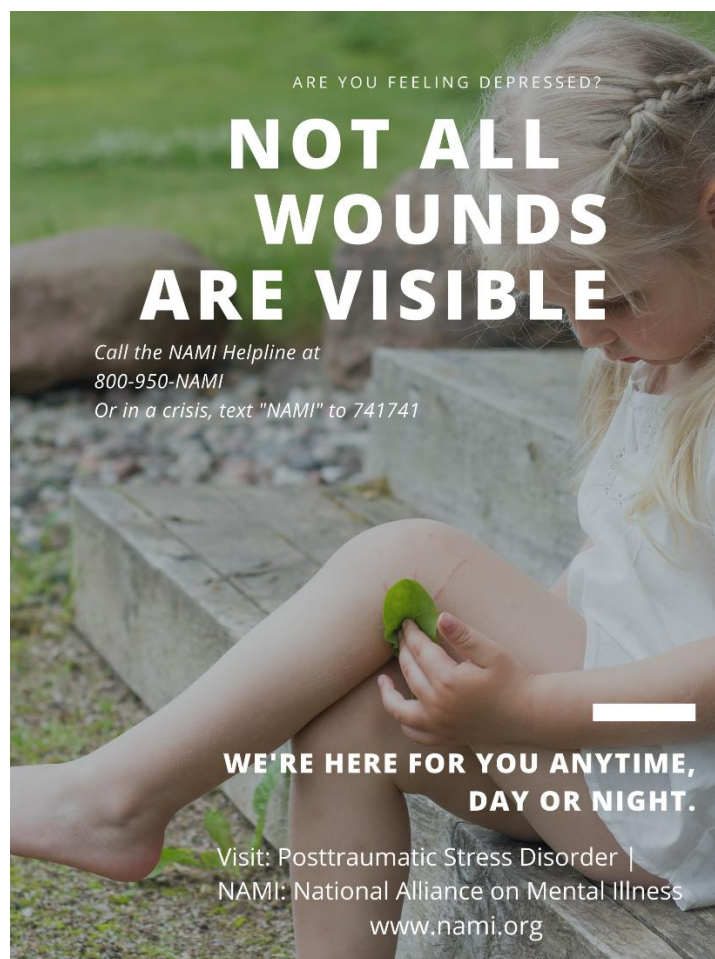
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JUNE IS PTSD AWARENESS MONTH



PTSD (Post-Traumatic Stress Disorder) in children.

FACT 1: More than 60% of children ages 0-17 experienced or witnessed at least one traumatic event in the last year.

FACT 2: An estimated 7.8% of Americans will experience PTSD at some point in their lives.

For more information visit [Posttraumatic Stress Disorder | NAMI: National Alliance on Mental Illness](#)



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This Week's Question, Test Your Knowledge.



What are the 5R's of Early Childhood Education?



Submit your answers by sending an email to: lpineda@childstartinc.org by June 16, 2022.

Last week's trivia answer:

In what year was PTSD (Post-Traumatic Stress Disorder) diagnosed as a mental health disorder
By the American Psychiatric Association?

If your answer is in 1980, YOU ARE CORRECT!

In 1980, the American Psychiatric Association (APA) added PTSD to the third edition of its Diagnostic and Statistical Manual of Mental Disorders (*DSM-III*) nosologic classification scheme (2). Although controversial when first introduced, the PTSD diagnosis has filled an important gap in psychiatric theory and practice. From an historical perspective, the significant change ushered in by the PTSD concept was the stipulation that the etiological agent was outside the individual (i.e., a traumatic event) rather than an inherent individual weakness (i.e., a traumatic neurosis). The key to understanding the scientific basis and clinical expression of PTSD is the concept of "trauma."

"The goal of early childhood education should be to activate the child's own natural desire to learn."

- Maria Montessori-



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