



WEEKLY UPDATE | May - 30 - 2022



Dear Child Start, Family –

It is difficult to put into words the sorrow, fear, anger...mixed emotions...that we are feeling due to the re-occurring, senseless, and cowardly acts of violence against children and people of color throughout the country. It is painful and shameful! While we want to be strong and resilient for children and families that we serve, we know that these acts weigh heavily on our mind, heart, and body.

Please know that we are here if you want to talk and/or need help. Attached, please find a heartfelt letter from Debbie Perez with ideas on what we can do to support each other. Further, I've created a virtual "Share Your Feelings Wall" if you want to anonymously express yourself at this time. Go to www.menti.com and use the code 1974 0503.

Please hang in there everyone and please let me know if there is anything we can do to support you and your team.

In Peace,

Juan Cisneros, Executive Director



Dear Staff,

Yesterday we learned of another mass shooting in Texas, involving young, innocent children. This follows the news of the shooting at the grocery store in Buffalo that we now know was racially motivated. Every mass shooting is tragic and given that we are an agency that serves young children, we could not go on, as if it was business as usual, without reaching out to address this latest violence against children. We know that these senseless acts are not isolated and that there are many children lost to violence every day, yet it may be that for some of us, the sheer number of lives lost in these incidents, brings it into sharper focus and creates a level of trauma that we need to address.

Some of you may be having a strong reaction to this event or you may be feeling a little down without realizing why. There are a range of feelings that are all normal at times like these and we want to touch on some things that you can do and that we can do in response to those feelings.

It is important that we do what we can to support each other during these times. In that spirit, we'd like to offer the following:

- Support each other – take a moment to connect with each other and give the opportunity to talk about how each of you may be feeling. And acknowledge that some people may not be ready to share how they're feeling. That's ok too.
- Remember that we have an Employee Assistance Program (EAP) that is available to help any of our staff and/or their family members talk about these incidents and the feelings they are bringing up.
- We want to offer a time to connect with each other in a virtual healing circle, for those who are interested. Andrea Calderon, our Family Services Manager, will lead the circle. ***Watch for a date and time soon to be announced.***

It is also important that we not let this incident, or those like it, push us into hopelessness. Our shared consciousness contributes to our reality. If we let these incidents define us or cause us to think we are powerless, that becomes our truth. These incidents are not normal, and they cannot be allowed to become normal.

Please share this notice with all your team. Remember that some of your team members cannot always easily access email. And remember to share the date and time of the healing circle when that information becomes available.

Also, keep these things in mind as you work with our families. Many of them are experiencing similar feelings as you and some may not even recognize it or may not be able to put it into words. They need us too.

Thank you,

A handwritten signature in black ink, appearing to read 'Delorah F. Smith'.

Stay CONNECTED WEEKLY UPDATE



Partnering with Families to Pursue Employment and Career Goals.

Families' financial, education, employment, and career needs and goals may change during emergencies and natural disasters. In these tip sheets, program staff can learn how to partner with families to access important information, benefits, and tools that can strengthen families' economic security during crises. Learn how to partner with families to access federal assistance, open a bank account, apply for unemployment insurance benefits, pursue their education and training goals, and more.

Families' employment and career goals may change during emergencies. Learn how to partner with families to identify their immediate and long-term goals and access key resources.

Learn More click [Here](#)





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CHILD AND FAMILY SERVICES

— MAY 30, 2022 —

MEMORIAL DAY

★★★ REMEMBER AND HONOR ★★★

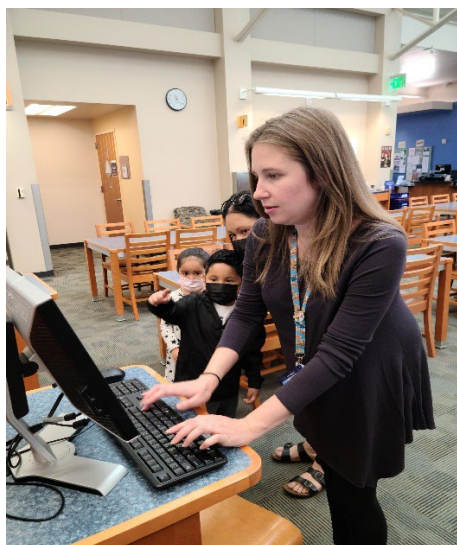


Stay CONNECTED WEEKLY UPDATE

SUISUN ON THE SPOTLIGHT “Day at the Library”

Our librarian read to the children while parents listened along. The Librarian provided the families and children a tour of the facility with an emphasis on the children's book section.

The librarian helped one little friend learn how to find a book on horses using the catalog search. They also had an opportunity for time on the computer that had a virtual classroom for the children to play on.

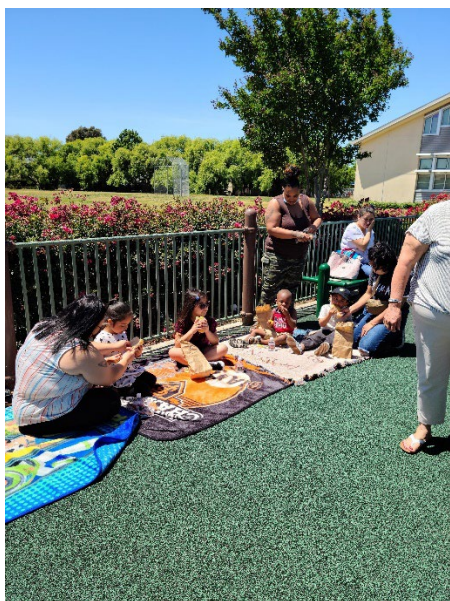


Stay CONNECTED WEEKLY UPDATE

The best part was seeing children reading together and enjoying their time and the love for books.

Our visit ended with parents getting RAR bags and every parent checking out books.

The picnic after allowed parents to network while the children played in the park.



Submitted by Renata Hernandez



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Stay CONNECTED WEEKLY UPDATE

ALL STAFF EVENT



CELEBRATING OUR SUCCESS
COMING UP SOON!

MARK YOUR CALENDARS

Save the date for an epic celebration!
June 1 | 8:30-10 am Virtual All Staff Training
11:00 am - 4:00 pm
Laurel Creek Park
2986 Gulf Drive
Fairfield, CA 94533

SEE YOU THERE!





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This Week's Question, Test Your Knowledge.



What's ORBIS PICTUS?



Submit your answers by sending an email to: lpineda@childstartinc.org by June 2, 2022.

Last week's trivia answer:

What kind of play is it when students play alongside but separately?

If your answer is B) Parallel Play YOU ARE CORRECT!

"A good teacher, like a good entertainer first must hold his audience's attention, then he can teach his lesson."

- John Henrik Clarke -



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