





#### **Breastfeeding and Early Nutrition for Infants**

Dr. Kimarie Bugg, president and CEO of Reaching Our Sisters Everywhere (ROSE), a national non-profit created in 2011 to address breastfeeding inequities in the African American community, talks about the importance of early nutrition and how Early Head Start programs can better support new parents.

Millions of infants and toddlers who qualify for Early Head Start cannot access it due to limited resources and a lack of awareness. They are counting on us to act. We hope you will join us to help Early Head Start rise in communities across the nation.

Learn More by clicking the link below:

Breastfeeding and Early Nutrition for Infants - NHSA





#### **Child Abuse Prevention (CAP) Awareness Campaign continues!**

#ChildStartWearBlue4Kids

#childstartdayoftheyoungchild, #ChildAbusePreventionMonth

Thank you to all of you for sending great pictures and video clips from your sites celebrating young children and campaigning about Child Abuse Prevention (CAP).

Please continue sending the pictures to <a href="mailto:lpineda@childstartinc.org">lpineda@childstartinc.org</a>, we are looking forward highlighting those great activities and moment from your centers in our Weekly Update, Facebook, and Instagram.







### **Human Resources Department**

## **B.A.** in Child and Adolescent Development



Earn your bachelor's degree a program tailored for you!

The time is now. Come and learn more about the Child and Adolescent Development degree completion program. The program is ideal for working early childhood and adolescent educators who are attending or transferring from a community college.

We will be hosting a Collaborative Online Information Sessions for the B.A. in Child and Adolescent Development Program on <u>Tuesday April 26<sup>th</sup> from 6:30pm – 7:30pm.</u>

This session will provide program information to prospective students interested in starting the program this Fall 2022 in either the Clearlake, Rocklin, Solano, or Tehama cohort. Below are the zoom details for the session:

Time: April 26th, 2022 6:30 PM Pacific Time (US and Canada)

Join from PC, Mac, Linux, iOS or Android:

https://csus.zoom.us/j/88545936968?pwd=VC9PbkJwZjFaQjgrZ0w3UnBCLzBTUT09

Or Telephone: Dial: +1 669 900 6833

Meeting ID: 885 4593 6968 and Passcode: 042022









## **Mayacamas Head Start Celebrates CAP!**

Mayacamas Head Start, celebrated *The Week of the Young Child* and *Child Abuse Prevention* by discussing what it means to be kind, just like seeds, Kindness can grow if we continue cultivating it every day.













## **Westwood Head Start Celebrates CAP!**

Westwood Head Start, we continue celebrating *The Week of the Young Child* and *Child Abuse Prevention* by having picnic style meal and made butterfly wings.





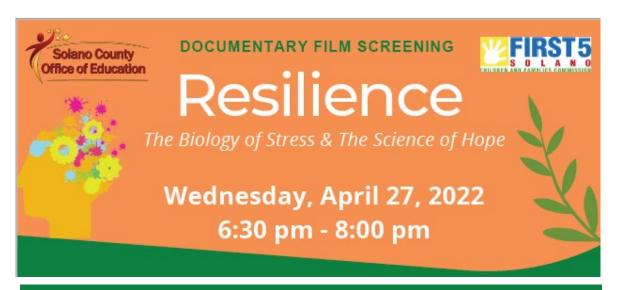








#### **COMMUNITY EVENTS RESOURCES**



Toxic stress can damage the brains and bodies of children, putting them at greater risk for disease, and other poor life outcomes. The Resilience film shows what communities are doing to protect children from the effects of toxic stress, using cutting-edge science and field-testing therapies.

The Solano County Office of Education invites early learning and care providers to this film screening and virtual panel discussion. Learn about steps we all can take to build resilience in our families and communities, so that our children have the skills to thrive, adapt and cope despite tough and stressful times.

Brought to you by:



Pre-Registration is required. Register by April 25, 2022. https://tinyurl.com/SCOEACEs













# ERSEA Department SPREAD THE WORD!



#### This Week's Question, Test Your Knowledge.



Who founded the National Association for the Education of Young children?



Submit your answers by sending an email to: lpineda@childstartinc.org by April 28, 2022.

#### Last week's trivia answer:

In Early Childhood Education vocabulary what's the meaning of "Emerging Competencies"?

If your answer is B You are Correct! Five key trends are shaping the evolution of these Competency practices: the demand for more participative methods, the shift toward short-cycle techniques, the increased emphasis on emerging competencies, the growing importance of team and process competencies, and the transition to the organizational learning perspective.

> "Free the child's potential, and you will transform him into the world".

> > - Maria Montessori-





