



WEEKLY UPDATE | March - 21 - 2022



NATIONAL HEAD START ASSOCIATION

Facing Collective Trauma, Prioritizing Protective Factors.



Anat Weisenfreund is a fierce advocate for Head Start children, families, and staff. Since 2009, she has been the director of Community Action Pioneer Valley (CAPV) Head Start and Early Learning Programs in western Massachusetts. They serve pregnant people, infants, children, and families in center-based, home-based, and family child-care options in a 1,700 square mile, mostly rural service area. Under Anat's leadership, CAPV has adopted a strengths-based and trauma-informed approach in which families are valued as essential partners and staff also are valued, cared for, and recognized as each other's most valuable resource. As the pandemic hit, Anat knew it would put this approach to the test. Would staff and families truly feel supported and empowered as they were engulfed in such collective trauma?

"Through the unprecedented disruptions of 2020, we learned that it works," Anat says. "Consistent, empathic, and reflective listening and messaging to staff resulted in a workforce that felt deeply supported and appreciated. They were then able to offer the same connection, recognition, and support to children and families."

Learn More by clicking the link below:

<https://nhsa.org/facing-collective-trauma-prioritizing-protective-factors/>

Stay CONNECTED WEEKLY UPDATE



Each April, people and agencies join the movement to promote Child Abuse Prevention (CAP) Month to raise awareness that child abuse is preventable. Here at Child Start, we prevent child abuse and neglect effectively through safety, education, health, and advocacy.

We strive to empower our staff and community members to join in prevention efforts.

Here are some suggested activities during the Child Abuse Prevention Month:

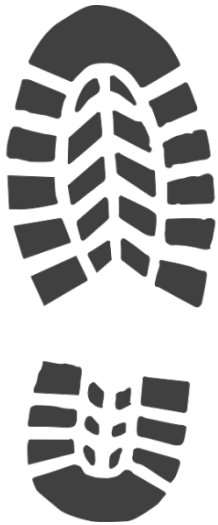
- **Friday, April 1 – Wear Blue Day**
To participate, wear blue and share photos with the hashtags: #WearBlueDay2022.
- **April 2-8 – Week of the Young Child**
 - [Week of the Young Child](#) is a week hosted by the National Association for the Education of Young Children is dedicated to celebrating early learning, young children, their teachers, families, and communities.
- **Wednesday, April 20 – State-wide Webinar**
 - Register for and promote Prevent Child Abuse NC's webinar "[Ensuring Strong Foundations for Children | Learn the Basics & Take Action](#)" which is open to the public and will go over what primary prevention of child maltreatment is, review the Protective Factors, define effective strategies for child maltreatment prevention, and offer ways communities can support children and families all year long.

Please send pictures, video clips of your special celebration to Luis Pineda at lpineda@childstartinc.org, and don't forget to include a brief description of the activities, these will be featured on the Weekly Update.



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Let's Do This Together!



Office of Head Start FA2 Monitoring Protocol



BOOT CAMP



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BOOT CAMP

Zoom or Teams links to follow

Part 1

- ♥ **March 22:** 3:00-4:00 – Education, Disabilities, & Mental Health
- ♥ **March 29:** 3:00-4:00 – ERSEA

Part 2

- ♥ **April 5:** 3:00-4:00 – Health, Nutrition & Safety
- ♥ **April 12:** 3:00-4:00 – Education, Disabilities, & Mental Health
- ♥ **April 18:** 3:00-4:00 – ERSEA / Family Services



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Human Resources Department

**Fidelity
NetBenefits**

401K Retirement webinars

Dear Child Start Team,

“Please join us for an overview presentation of our retirement program with our advisor team from Strategic Retirement Partners (SRP). They will discuss details of the Child Start 401k plan, best practices for becoming properly prepared for retirement and address recent volatility in the market. We look forward to seeing you then!”

Thursday, March 24, 2022, from 3:00 PM-3:45 PM or

Friday, March 25, 2022, from 11:00 AM-11:45 AM

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

[+1 424-566-7541](#), United States, Los Angeles

Phone Conference ID: 554 926 603#

[Find a local number](#) | [Reset PIN](#)



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

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SPREAD THE WORD!



WWW.CHILDSTARTINC.ORG



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How many EHS pregnant women were served in 2021 nationwide?



Submit your answers by sending an email to: lpineda@childstartinc.org by March 24, 2022.

Last week's trivia answer:

How many pregnant women were served in California in 2021?

If your answer is **1,179**, you are **CORRECT!**

- **FY21 Funding** - Sourced from the Department of Health and Human Services, Administration for Children and Families, Fiscal Year 2022, Justification of Estimates for Appropriations Committee. Retrieved from: [acf.hhs.gov/sites/default/files/documents/olab/fy_2022_congressional_justification.pdf](https://www.acf.hhs.gov/sites/default/files/documents/olab/fy_2022_congressional_justification.pdf)

Source: <https://nhsa.org/resource/2022-state-fact-sheets/>

“Provide lots of opportunities for children's natural curiosity to manifest itself. With very young children, our role is one of supporter and guide.”

- Lilian Katz-



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