



WEEKLY UPDATE | February - 7 - 2022



Family Engagement and School Readiness: Building on Family Strengths to Promote Success.

Family Engagement and School Readiness: Building on Family Strengths to Promote Success

For Early Childhood Professionals



School readiness is the process of early learning and development, from infancy to school age. It's a time when children can gain the skills and attitudes they need to succeed in school. Early interactions with important, caring adults build babies' brains and influences development. Explore this resource to learn how supporting families in their relationships with their children promotes learning, healthy development, and later success in school and in life.

Learn about these strategies to partner with families by clicking the link below:

[Family Engagement And School Readiness: Building On Family Strengths To Promote Success.](#)

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Image Source: <https://www.aldineisd.org/>

Why Is Black History Month Celebrated in February?

If you are going to properly celebrate Black History Month, it's important to learn about how it originated and why we celebrate it in February.

Every February we come together to celebrate Black History Month. It's a time to reflect and celebrate the legacy and contributions of Black people in America. During the short month, we recognize Black leaders, innovators, and change-makers who have helped pave the way for our leaders today.

Even though we have a dedicated month, celebrating black history shouldn't be limited to just the second month of every year. It's a part of our American history as a whole and without it, America wouldn't be. Our fingerprints are ingrained into the fabric of this country and so is our history. But the month is still important. It's a reminder that we should always remember to celebrate the past. It's also a reminder of how important black people are to the nation. If you are going to properly celebrate Black history month, it's important to learn about how it originated and why we celebrate it in February.

Learn More about Black History Month click the link: newsone.com/why-is-black-history-month-celebrated-in-february.

Written By [Bilal G. Morris](#)
Article source: <https://newsone.com/>



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SAVE THE DATE!

VIRTUAL APPLICATION DAY


Child Start
incorporated
CHILD AND FAMILY SERVICES

**SAVE
THE DATE**

**HEAD START
APPLICATION
DAY**

More Información coming soon

**02
24
22**



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Head Start, Let's Do This Together!

The Sleeve Up for Head Start campaign **encourages members of the Head Start community to learn about the COVID-19 vaccine**, identify and address vaccine hesitancy with empathy and cultural understanding.

Let's do this together!

- So we can protect one another against COVID-19.
- So we can move forward together.



Napa County COVID TESTING locations click on the link: [Countyofnapa.org Testing-Locations](https://Countyofnapa.org/Testing-Locations)

Solano County COVID TESTING locations click on the link: [Solanocounty.com/coronavirus community testing](https://Solanocounty.com/coronavirus%20community%20testing)

Click here to find [vaccine locations](#).



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Human Resources Department



Digital EAP

Self-Guided and Coach-Guided Mental Health

Claremont offers an enhanced service that is available for an additional fee that provides a digital platform for employees to access self-guide mental health courses and also provides an option to schedule coaching sessions. This engaging, easy-to-use mobile app and web-based platform utilizes AI-learning to direct users to the most appropriate level of care and prevent employees from reaching a crisis point.

How it Works

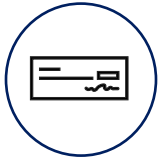
Upon logging into the platform, members are prompted to take the Wellbeing Check, a 2-minute interactive assessment that is based on clinically validated protocols. The Wellbeing Check enables us to quickly evaluate and stratify members to ensure they receive the right level of care. It also allows us to provide accurate analysis and reporting on the stress and wellbeing levels of employees.

Our platform features structured courses that are based on cognitive behavioral therapy interventions and are specifically curated to each user's needs. Members can guide themselves through their recommended curriculum of courses or they can work through the program with one of our expert coaches.

Learn More <https://www.claremonteap.com/digital-eap/>



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Fiscal Department

Mileage Reimbursement Rate change update

Beginning Jan. 1, 2022, the standard mileage rate for the business use of a car will be 58.5 cents per mile driven, the rate is up 2.5 cents from 2021.



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Your Health

**+ DON'T LET YOUR
GUARD DOWN!**

Protect

Against

COVID-19

Let's Get Vaccinated

More info:
WWW.VACCINE.GOV



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SPREAD THE WORD!



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This Week Question, TEST YOUR KNOWLEDGE



▶ Do you Know who was the second Black men to obtain a Ph.D. from Harvard in 1912?



▶ Submit your answers by sending an email to:
lpineda@childstartinc.org by Thursday February 10, 2022.

Last week's trivia answer:

If your answer Barak Obama, you are CORRECT!

Statement by the President on the 50th Anniversary of Head Start on May 18, 2015

"For millions of families, Head Start has been a lifeline. And for millions of kids, it's been the start of a better life". Learn More click the link below:

[2015/05/18/statement-president-50th-anniversary-head-start](https://www.childstartinc.org/2015/05/18/statement-president-50th-anniversary-head-start)

"Education is the most powerful weapon which you can use to change the world".

- Nelson Mandela -



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