



WEEKLY UPDATE | January - 24 - 2022



## Relationship-Based Competencies to Support Family Engagement.

Relationship-Based Competencies to Support Family Engagement: A Guide for Early Childhood Professionals Who Work with Children in Group Settings The Relationship-Based Competencies to Support Family Engagement: A Guide for Early Childhood Professionals Who Work with Children in Group Settings describes

the knowledge, skills, and individual practices that teachers, child care providers, and other professionals who teach and care for children in group settings need to engage with parents and families. This resource can help early childhood professionals build on their skills and further develop their professional practice. These relationship-based competencies (RBCs) and examples of how they can be put into practice are provided to guide teachers and child care providers as they build goal-directed partnerships with families. Ongoing, positive interactions and effective partnerships support the development and wellbeing of infants, young children, and families.



Learn more → [Relationship-Based Competencies to Support Family](#)

# Stay CONNECTED WEEKLY UPDATE



## Vaccination for Head Start Staff



Click the image to find vaccine locations.



# Stay CONNECTED WEEKLY UPDATE

## Head Start, Let's Do This Together!

The Sleeve Up for Head Start campaign **encourages members of the Head Start community to learn about the COVID-19 vaccine**, identify and address vaccine hesitancy with empathy and cultural understanding.

Head Start,  
let's get  
vaccinated!



Website: [www.childstartinc.org](http://www.childstartinc.org)



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# Stay CONNECTED WEEKLY UPDATE



## Your Health



After you've been in a public place

**Wash your  
hands  
carefully.**



Use soap and water for at least 20 seconds or a hand sanitizer with at least 60% alcohol.

Source: cdc.gov



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# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department

### New federal guidance: Health plans to cover cost of rapid antigen home tests.

The highly contagious omicron variant continues to spread throughout our communities. Vaccination and boosters provide the best protection against severe illness from COVID-19. Testing is also an important tool in slowing the spread of COVID-19. While Kaiser Permanente has provided over 68,000 daily tests, demand currently exceeds capacity. Rapid antigen home tests, also called rapid COVID tests or self-tests, offer another way to help reduce the spread. Health plans are now reimbursing members for these at-home tests.

#### Kaiser Permanente to cover cost of COVID-19 rapid antigen home tests

Following guidance from the Biden administration, Kaiser Permanente will now reimburse members for FDA-approved rapid antigen home tests. Members can [submit a reimbursement claim](#) for tests purchased on or after January 15, 2022.

Currently, there is a nationwide shortage of rapid antigen home tests. Kaiser Permanente, like other health care organizations, has access to a very limited supply of tests. We are working to get tests and make them available to our members through a number of outlets, including mail-order. We will share details as they become available.

#### How to get FDA-approved rapid antigen home tests

- Starting January 19, members can request free rapid antigen home tests, without shipping fees, from the [federal government](https://www.covidtests.gov/). [<https://www.covidtests.gov/>]
- Rapid antigen home tests are also available at local drugstores or online. Kaiser Permanente will reimburse members for FDA-approved rapid antigen home tests purchased on or after January 15th.
- In the coming days, as supply of tests increases, we will make more rapid antigen home tests available to members. Visit [kp.org](https://kp.org) for the most up-to-date information on supply, testing, and vaccinations. [<kp.org/coronavirus>](https://kp.org/coronavirus)

Continue next page





# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department

### Guidance on types of COVID-19 tests:

**Rapid antigen home tests** are a fast, easy way to get a quick result if members have symptoms, think they have been exposed to someone with COVID-19, or plan to gather indoors with those who may be at risk including unvaccinated children, older individuals, and those who are immunocompromised. Results are typically available within 30 minutes. < <https://www.fda.gov/medical-devices/coronavirus-disease-2019-covid-19-emergency-use-authorizations-medical-devices/in-vitro-diagnostics-euas-antigen-diagnostic-tests-sars-cov-2>>

**PCR tests** are usually processed in a lab and results are typically available in 1-3 days. At Kaiser Permanente, PCR tests are required for members who are coming in for certain clinical procedures that require a negative test in advance. For more detail, visit our [COVID-19 testing FAQs](https://healthy.kaiserpermanente.org/health-wellness/coronavirus-information/testing#faqs). [<https://healthy.kaiserpermanente.org/health-wellness/coronavirus-information/testing#faqs>]

Kaiser Permanente is committed to the safety of our members, care teams, and communities. We will get through this challenging time, together.

Sincerely,

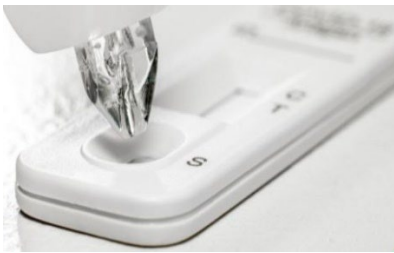
Kaiser Foundation Health Plan, Inc.



# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department **IMPORTANT COMMUNITY RESOURCE**



The US Postal Service is shipping 4 **COVID -19 Rapid Test Kits** per residential address.

You will need to enter your name, email, and mailing address.

To order yours, please click the link → <https://special.usps.com/testkits>



# Stay CONNECTED WEEKLY UPDATE



## SPREAD THE WORD!

JOIN THE TEAM

SPREAD THE  
WORD ABOUT  
HEAD START

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## Family Services Department



## January Is Triple P Awareness Month



"Positive parenting is a protective factor that strengthens family relationships and increases children's social, emotional, relational, and problem-solving skills."



#PositiveParentingAwarenessMonth  
#SupportCAFamilies



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## This Week Question, TEST YOUR KNOWLEDGE



▶ What and How do the students learn in Head Start?



▶ Submit your answers by sending an email to:  
lpineda@childstartinc.org by Thursday January 27, 2022.

### Last week's trivia answer:

Who said that education should not be primarily vocational?

If your answer **Rousseau** you've nailed it!

Jean-Jacques Rousseau was a Genevan philosopher, writer, and composer. His political philosophy influenced the progress of the Enlightenment throughout Europe, as well as aspects of the French Revolution and the development of modern political, economic, and educational thought. [Wikipedia](#)

**“Educating the Mind without Educating the Heart Is No Education at All.”**

- Aristotle -



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