

WEEKLY UPDATE | October - 25 - 2021

Head Start alumni join the Head Start Awareness Month celebration



National Head Start Association 
@NatlHeadStart

...

"#HeadStart's steadfast belief that every child has the ability to learn and succeed in life, if given the opportunity, has literally changed lives."
@SenatorWarnock knows that life-changing impact firsthand as a #HeadStartAlum! Happy #HeadStartAwareness Month, Senator.



Head Start Awareness Month is a time to celebrate the 37+ million Head Start alumni who have gone on to make a difference in their communities. From [Senator Raphael Warnock](#) to [ABC News' Steve Osunsami](#) to NHSA's own Director of Alumni Engagement [Malkia Payton-Jackson](#) and Senior Director of Governance and Operations, Joel Saldaña Jr, Head Start alumni are celebrating the program's impact in their lives. Did you attend Head Start? Get involved with the [Head Start Alumni Network](#).

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Information Technology Department How to use E-Fax with Outlook 365



The Email-to-Fax service is up and running and working with our new email system, Microsoft 365. Below are the instructions how to send a fax:

When sending a fax via email, please make sure to change the **Text Format** of your email to **plain text** by doing the following:

See next page



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

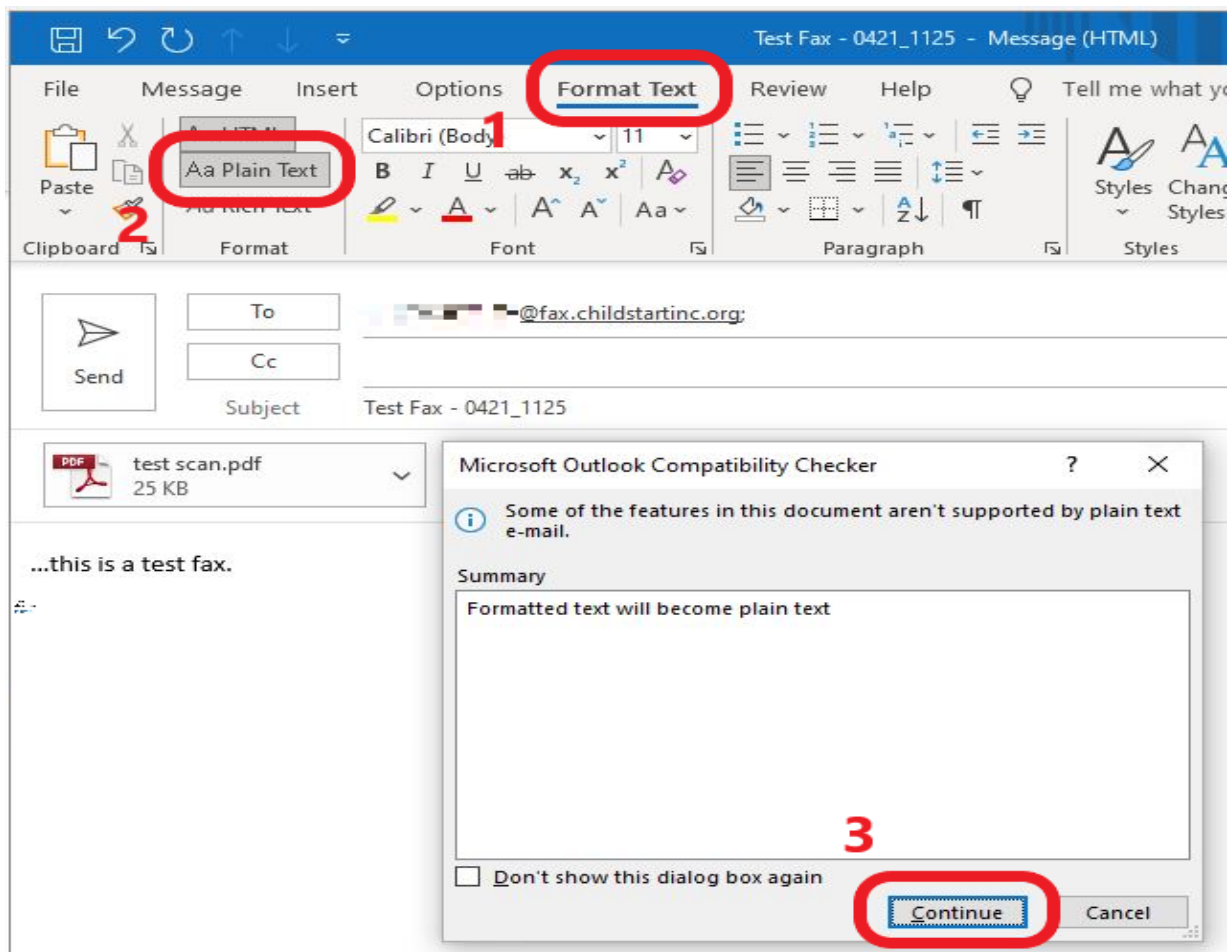
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Information Technology Department

If you are using the desktop version of Microsoft Outlook:

1. Click on **Format Text**
2. Click on **Plain Text**
3. In the Microsoft Outlook Compatibility Checker, click on **Continue**



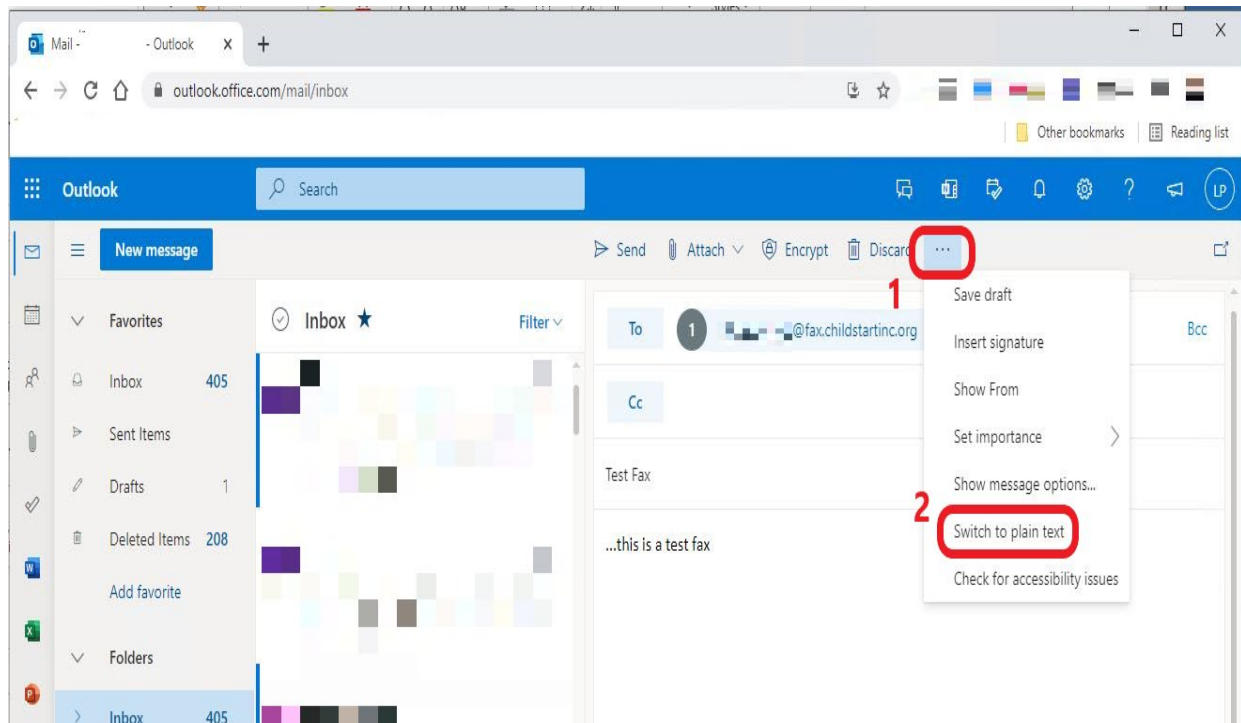
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Information Technology Department

If you are using the **browser-based Microsoft Outlook**:

1. Click on the **ellipsis (...)** button at the top of the message.
2. Select **Switch to plain text**



Thank you,
Lory Palarca
Child Start, Inc. | IT Manager
lpalarca@childstartinc.org



Website: www.childstartinc.org



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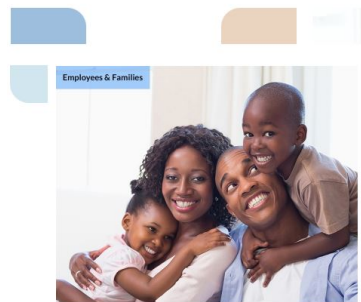


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Human Resources Department



Claremont is an industry-leading behavioral health partner recognized for innovative EAP, work/life, wellness, and organizational assistance services. Digital, video, in-person and telephonic services – Claremont provides a fully-integrated benefits program that:

- Enhances employee resilience
- Strengthens competitive benefit packages
- Improves individual and organizational performance
- Lowers health care costs
- Solves human resource risk management problems



Request Help

If your need is urgent,
call 800-834-3773.
Counselors are available
at all times.



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Human Resources Department

Stress Management Webinars for October 2021



Stress Management Webinars

Join our series of 60-minute online workshops to learn self-care tools from experienced facilitators to help manage stress.



READ MORE in the next page



Stress Management Webinars

Join our series of 60-minute online workshops to learn self-care tools from experienced facilitators to help manage stress.



When

Wednesdays at 5:30 p.m., Pacific Time Zone

Join 1 or all sessions.

This series is available at no cost to Kaiser Permanente members and nonmembers for a limited time.

2021 Dates	Topics
October 6	Taking Care of YourSELF: Sleep, Exercise, Love, Food
October 13	Managing Stress
October 20	Building Resiliency
October 27	Cultivating Mindfulness



Register

Use this [link](#) or scan below:



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ERSEA Department

Do you know someone with children 3-4 years old?

LET THEM KNOW WE ARE ACCEPTING APPLICATIONS



“WE ARE ACCEPTING APPLICATIONS”



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FOR ELIGIBLE FAMILIES
APPLY TODAY!
www.childstartinc.org



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This Week Trivia Question



What's the name of the book written by Bill Martin and Illustrated by Eric Carle?



Submit your answers by sending an email to:
lpineda@childstartinc.org By Thursday October 28, 2021.

Last week's trivia answer:

In what year was the early childhood program called "Head Start" launched in the U.S.?

If your answer is **1965** Wow! You've nailed it.

Learn More about Head Start by following this link: en.wikipedia.org

"Teach the children... so it will not be necessary to teach the adults."

- **Abraham Lincoln** -



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