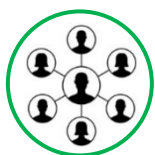




WEEKLY UPDATE | August - 16 - 2021



## Head Start Approach to School Readiness

School readiness is foundational across early childhood systems and programs. It means children are ready for school, families are ready to support their children's learning, and schools are ready for children. Head Start views school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. Physical, cognitive, social, and emotional development are all essential ingredients of school readiness.

Managers, teaching staff, caregivers, family advocates, and families can learn more about creating enriching and supportive learning environments for young children ages birth to 5.

**The Head Start Approach to School Readiness means that children are ready for school, families are ready to support their children's learning, and schools are ready for children.**



Learn more about School Readiness by following the link below:

[head-start-approach-school-readiness-overview](#)



# TELL ME SOMETHING GOOD!!

Was there something meaningful, work related, and impactful that someone did for you, or you did for someone? Did you or your team do something that made you especially proud? If so, please share it with us! Send your praise notes to Luis Pineda, so that we can all hear about it in the weekly update!



# Stay CONNECTED WEEKLY UPDATE



## “Tell Me Something Good”

Please remember to share your acknowledgements in our new section of the Weekly Update Newsletter titled,

### “Tell Me Something Good!”.

In this section Child Start staff can acknowledge other staff for making a positive impact to their lives. This is more than just “going above and beyond” acknowledgement. Or... you can highlight the great work you and your team are doing in implementing strategies that promote the 6 Principles of a Trauma-Informed Care.

Be Creative! Here are some guidelines:

- ❖ No more than 100 words.
- ❖ One picture allowed.
- ❖ Clearly describe the acknowledgement you are giving and/or principle you have implemented.
- ❖ Please Send your acknowledgements for the week of 8/23/21 to Luis Pineda via email: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org) no later than Thursday August 19, 2021 by 12 noon.



# Stay CONNECTED WEEKLY UPDATE



## Information Technology Department

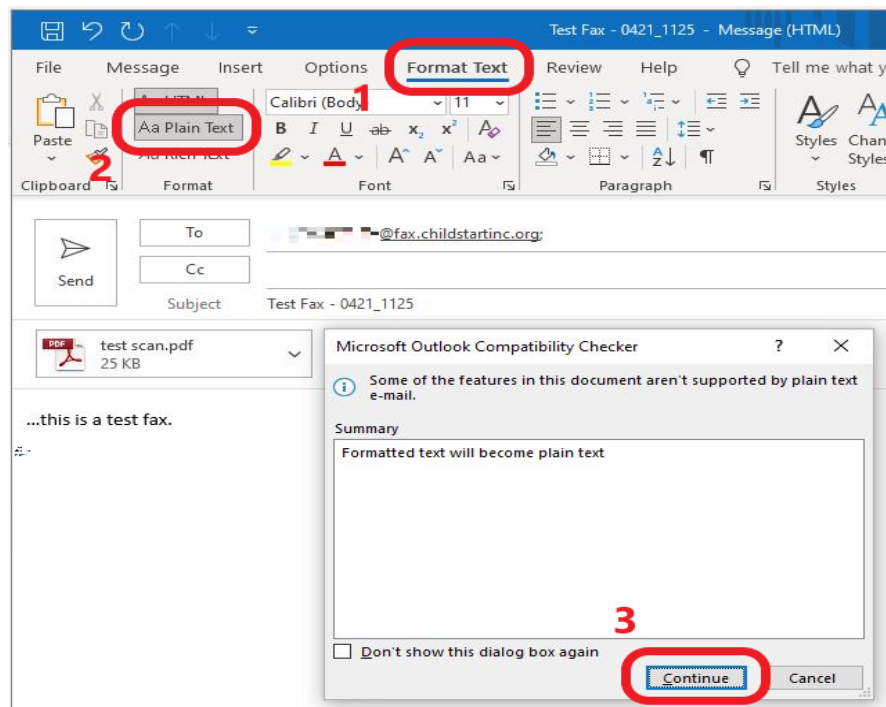
### How to use the The Email-to-Fax service.

The Email-to-Fax service is up and running and working with our new email system, Microsoft 365.

When sending a fax via email, please make sure to change the **Text Format** of your email to **plain text** by doing the following:

If you are using the desktop version of Microsoft Outlook:

1. Click on **Format Text**
2. Click on **Plain Text**
3. In the Microsoft Outlook Compatibility Checker, click on **Continue**





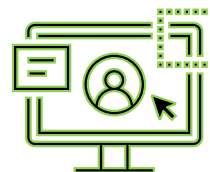
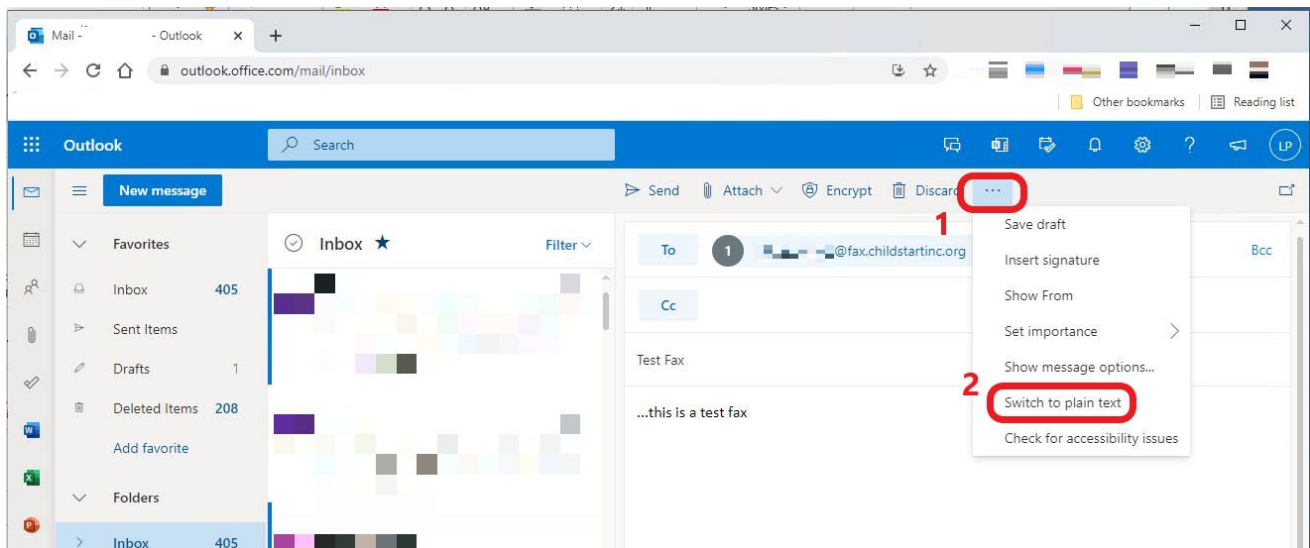
# Stay CONNECTED WEEKLY UPDATE



## Information Technology Department

If you are using the browser-based Microsoft Outlook:

1. Click on the **ellipsis (...)** button at the top of the message.
2. Select **Switch to plain text**



# Stay CONNECTED WEEKLY UPDATE



## Human Resources Department



# Helping You Be Your Best

Claremont is an industry-leading behavioral health partner recognized for innovative EAP, work/life, wellness and organizational assistance services. Digital, video, in-person and telephonic services – Claremont provides a fully-integrated benefits program that:

- Enhances employee resilience
- Strengthens competitive benefit packages
- Improves individual and organizational performance
- Lowers health care costs
- Solves human resource risk management problems

**23 reasons why you should call EAP, see next page.**

Get familiar with all the benefits the E.A.P. Employee Assistance Program offers you, follow the link below:

<https://www.claremonteap.com/>





## 23 Reasons to Call Your EAP

- 1 It's FREE! No money comes out of your paycheck.
- 2 It's confidential- No one will know that you called Claremont unless you tell them.
- 3 Accessing Claremont is EASY: No forms, no co-pays, no deductibles. Just one toll free number.
- 4 Be proactive about your life!
- 5 You get free counseling sessions with a licensed clinician in private practice.
- 6 Counseling can be for individuals, couples and families.
- 7 FREE legal consultations!
- 8 You can do a Simple Will for FREE.
- 9 FREE financial consultations!
- 10 Concerned about your credit report information or score? Schedule a consultation to resolve any issues.
- 11 Get your life organized!
- 12 Looking for child care services? Claremont will generate a customized report for you, with a listing of appropriate services and other helpful written information.
- 13 Same with elder care services- Claremont provides nationwide referrals and customized reports.
- 14 Need help choosing a public or private school for your child? Claremont can help you do the research.
- 15 Feel overwhelmed by the college search process? Claremont can help you research undergraduate and graduate programs, including financial aid.
- 16 Claremont provides nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups.
- 17 Do you care for a pet? Claremont offers referrals for pet services such as vets, groomers, boarders, animal hospitals and pet sitters.
- 18 Looking for a low or no cost community resource? Claremont provides referrals to 12-step meetings, inpatient and outpatient treatment facilities, and more. Just call.
- 19 Be prepared for whatever comes up.
- 20 Manage your stress-at work and at home.
- 21 All benefited employees and their family members in the immediate household are eligible.
- 22 Video Counseling. See and speak with a counselor from the privacy of your home.
- 23 It's FREE and CONFIDENTIAL- why not call?



Call toll-free, 24/7  
800-834-3773  
[claremonteap.com](http://claremonteap.com)

## This Week Trivia Question



▶ What does "cognitive development" refer to?



▶ Submit your answers by sending an email to:

lpineda@childstartinc.org By Thursday August 19, 2021.

Call toll-free, 24/7 **800-834-3773**  
**claremonteap.com**



*"If you think education is expensive, try ignorance!"*

- Andy McIntyre -



Website: [www.childstartinc.org](http://www.childstartinc.org)



Contact: Luis Pineda  
707-333-1874



Email: [lpineda@childstartinc.org](mailto:lpineda@childstartinc.org)