

# WEEKLY UPDATE | August - 9 - 2021





## Alumni Spotlight: Josalyn Brown Robinson Comes Full Circle

**National Head Start Association** 

I never drifted far from Head Start.

As a child, I attended North Tangipahoa (North Tangi) Head Start in Roseland, Louisiana, where I vividly remember participating in a pageant and being crowned 'Queen' as part of an annual fundraiser.

Today, I am the Executive Director of Regina Coeli Child Development Center (RCCDC), which covers all the Head Start programs in five parishes in Southeast Louisiana — including that very program.

Like so many alumni, I am service-oriented. After earning my master's degree and Ph.D. in Human Services from Capella University, I worked in the healthcare and mental health field. Over the years, I maintained close contact with the center manager from my time at North Tangi. She is a part of my community, so it was just a natural connection.

After a multifaceted career in healthcare, I was looking for a meaningful way to give back to others. I took a deep look at my community, my core values, my experiences, and my knowledge-base, and Head Start emerged as the obvious consideration.

I started my professional chapter with Head Start as a family advocate, and have taken on various roles since, including center manager and program director. My career has given me opportunities to build essential partnerships and relationships with staff, families, community leaders, and schools — these relationships have been key in identifying critical resources that enable children to successfully transition in their educational journey and help families find their way to self-sufficiency.

In June, I started my new role as Executive Director of RCCDC. My vision is to build an inclusive culture in which all staff, families, and community members feel a part and experience the benefits.

Head Start gives a foundation with lifelong effects on children. We see the benefits every day. Head Start benefits the family, which in turn benefits the entire community.

Favorite Head Start memory: "The pageant and parade! All the kids dressed up. It was a BIG deal."

\* picture caption: On the left, Josalyn Brown Robinson graduating from North Tang Head Start program in Roseland, Louisiana. On the right, Josalyn today in her role as the Executive Director of Regina Coeli Child Development Center.

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# **Information Technology Department**

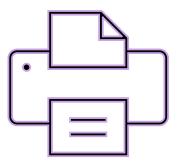
# How to submit a HelpDesk Request.

The I. T. Department would like to remind everyone to ensure utilizing the helpdesk request process when experiencing any computer issues and requesting technical support by following the steps below:

- 1. Send an email to <a href="helpdesk@childstartinc.org">helpdesk@childstartinc.org</a> with a brief description of the specific issue or problem you are experiencing. Ex.: Requesting email password reset, Microsoft PowerPoint not opening when I click on it, Child Plus is asking for an agency code, my laptop battery is not charging when plugged.
- 2. If you are <u>unable</u> to utilize email, please call **707-252-8931** x **4357** (HELP) and leave a brief message of the issue, your name, and a number you can be reach.

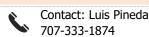
Following this process will ensure prompt attention to attempt to resolve the issues you are experiencing in the most effective way.

















# **Family Services Department**

Have you heard the term "TRIPLE P" and you are wondering what it is?

Here is some information for you.

### TRIPLE P IN A NUTSHELL

The Triple P – Positive Parenting Program ® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support.

And while it is almost universally successful in improving behavioral problems, more than half of Triple P's 17 parenting strategies focus on developing positive relationships, attitudes and conduct.

Triple P is delivered to parents of children up to 12 years, with Teen Triple P for parents of 12 to 16 year old. There are also specialist programs – for parents of children with a disability (Stepping Stones), for parents going through separation or divorce (Family Transitions), for parents of children who are overweight (Lifestyle) and for Indigenous parents (Indigenous). Other specialist programs are being trialled or are in development.

To know more follow the link below.

https://www.triplep.net/glo-en/find-out-about-triple-p/triple-p-in-a-nutshell/













# "Tell Me Something Good"

We are excited to announce that, on August 16<sup>th</sup>, the Weekly Update will include a section called "Tell Me Something Good". The purpose of this section is to provide an opportunity to recognize the hard work being done every day, by both individual staff members and teams. We encourage you all to highlight your own work, a peer, or your team for something extraordinary of which you are proud. Here are some guidelines:

- Must be work related.
- No more than 100 words.
- Can include one picture.
- Must be emailed to Luis Pineda at lpineda@childstartinc.org
- You can start sending acknowledgements TODAY!

Thank you and remember to keep the acknowledgements going by sending a meaningful message to those that are highlighted in the Weekly Update!













# Instagram

#Child\_Start\_Inc







# This Week Fact



# Did you know?

The brain builds upon repetitive sensory experiences. The language portion of the brain is enhanced greatly by interaction with others because the brain can then connect words with with objects and experiences.



Submit your answers/comments by sending an email to: Ipineda@childstartinc.org By Thursday August 12, 2021.

"Free the child's potential, and you will transform him into the world."

- Maria Montessori -