



WEEKLY UPDATE | March 22 – 2021



FROM THE DIRECTORS



CHILD START “DOING OUR PART” CAMPAING



These are unprecedented times, and we want you to know we are battling the COVID-19 pandemic together. Therefore, Child Start is launching the “Doing Our Part” campaign, with the purpose of providing support and encouragement to all our team members and community.

Share with us your reasons or comments about why you got the Covid 19 vaccine.

Below are testimonials from some of our Directors.

Let your voice be heard. Send you Covid 19 vaccine testimony and comments to lpineda@childstartinc.org and don't forget to attach your favorite head shot.

Vaccine resources will be provided for you on page 4.



Child Start Weekly Update

Stay CONNECTED



CHILD START "DOING OUR PART" CAMPAIGN



Head Start has always been closely aligned with the good public health outcomes – in fact, Head Start was begun to improve health outcomes for children back in 1965. For me, getting the vaccine is my way to do all I can to contribute to the recovery from this public health crisis and protect me, my family, and my community. I'm going to be a Grandma again in May and my kids and grandkids will be able to be together again for large family gatherings once we start to get this pandemic under control. Getting vaccinated moves me closer to that goal!

Debbie Peralez

Executive Director



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

Child Start Weekly Update

Stay CONNECTED



CHILD START "DOING OUR PART" CAMPAING



"I live in Vallejo but drove to St. Helena to get my vaccine. While I was feeling very anxious on the way there, I felt a strong sense of relief, pride, and empowerment on the drive back. I felt like I was honoring my family, friends, colleagues and community by doing what I needed to do to keep them safe."

Juan Cisneros

Family and Community Partnerships Director



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874

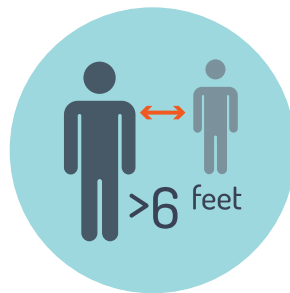


Email: lpineda@childstartinc.org



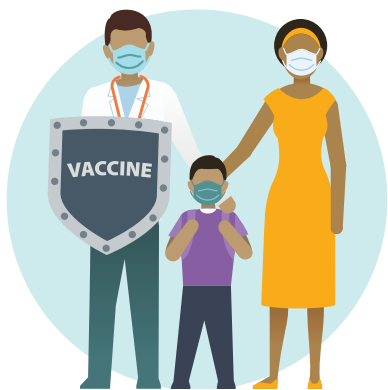
COVID-19 Vaccines

Vaccines (shots) are one of the tools we have to fight the COVID-19 pandemic.

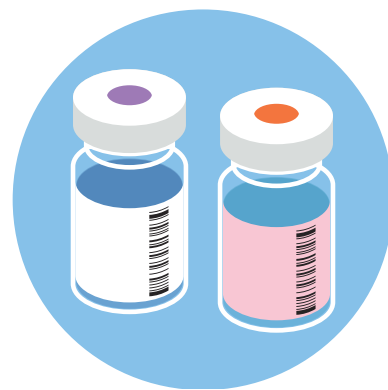


To stop this pandemic, we need to use all of our prevention tools. Vaccines are one of the most effective tools to protect your health and prevent disease. Vaccines work with your body's natural defenses so **your body will be ready to fight the virus**, if you are exposed (also called immunity). Other steps, like wearing a mask that covers your nose and mouth and staying at least 6 feet away from other people you don't live with, also help stop the spread of COVID-19.

Studies show that COVID-19 **vaccines are very effective** at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. These vaccines cannot give you the disease itself.



The vaccines are safe. The U.S. vaccine safety system makes sure that all vaccines are as safe as possible. All the COVID-19 vaccines that are being used have gone through the same safety tests and meet the same standards as any other vaccines produced through the years. A system in place across the entire country that allows CDC to watch for safety issues and make sure the vaccines stay safe.



Different types of COVID-19 vaccines will be available. Most of these vaccines are given in two shots, one at a time and spaced apart. The first shot gets your body ready. The second shot is given at least three weeks later to make sure you have full protection. If you are told you need two shots, make sure that you get both of them. The vaccines may work in slightly different ways, but all types of the vaccines will help protect you.



www.cdc.gov/coronavirus/vaccines



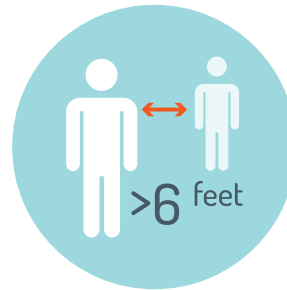
The vaccines may cause side effects in some people, like sore muscles, feeling tired, or mild fever. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a day or two.

Having these types of side effects does NOT mean that you have COVID-19. If you have questions about your health after your shot, call your doctor, nurse, or clinic. As with any medicine, it is rare but possible to have a serious reaction, such as not being able to breathe. It is very unlikely that this will happen, but if it does, call 911 or go to the nearest emergency room.



When you get the vaccine, you *and* your healthcare worker will both need to wear masks.

CDC recommends that during the pandemic, people wear a mask that covers their nose and mouth when in contact with others outside their household, when in healthcare facilities, and when receiving any vaccine, including a COVID-19 vaccine.



Even after you get your vaccine, you will need to keep wearing a mask that covers your nose **and** mouth, washing your hands often, and staying at least 6 feet away from other people you do not live with. This gives you and others the best protection from catching the virus. Right now, experts don't know how long the vaccine will protect you, so it's a good idea to continue following the guidelines from CDC and your health department. **We also know not everyone will be able to get vaccinated right away, so it's still important to protect yourself and others.**

Child Start Weekly Update

Stay CONNECTED



Education/Disabilities Department



Vallejo First 5 Center Anniversary

Our community partner the Vallejo First 5 Center is celebrating the one year anniversary next Friday on March 26, 2021 from 10am-11:30am via Zoom. “Ricky Roo & Friend Puppet Show” and “Cascada de Flores” which is an interactive music performance will be with us. Families who attend are also eligible for 2 raffles!

Please share with your families to help celebrate the Vallejo First 5 the one year anniversary.

See attached flyer check it out on Facebook click ---> [@Child Start Inc](#)



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org



ERSEA Department

IMPORTANT ANNOUNCEMENT

Dear Center Directors, Family Advocate and Teaching staff,

If you get any of your Head Start Families requesting documentation proof of attendance or enrollment in our programs to present to DACA , please provide them with the following point of contact information.

All the request for enrollment and attendance verifications must be submitted to:

Alma Jimenez

Enrollment Coordinator

Cell: 707- 333-7534

E-mail: ajimenez@childstartinc.org



Stay CONNECTED

Child Start Weekly Update



Human Resources Department



Getting Started with your new FIDELITY account

GETTING STARTED WITH YOUR NEW FIDELITY ACCOUNT
Welcome to Fidelity! Here's a simple checklist to help you make the most of your new Fidelity account.

- SET UP YOUR RETIREMENT ACCOUNT**
Fidelity is the place where you can manage your workplace savings account. If you already have Fidelity accounts, you can use your login information to access Fidelity. If you need to set up a new account and password:
 - Visit fidelity.com
 - Click Register your new account
 - Follow the instructions
 - Add your preferred email address, and select a delivery
- REVIEW YOUR ACCOUNT**
Once your Fidelity account is set up, review your account details, contribution percentage, and investments:
 - Log in to fidelity.com
 - Click Quick Links
 - Select Summary
 - Review the Contributions tab
 - Review the Investments tab
- UPDATE YOUR BENEFICIARY INFORMATION**
Ensure that your beneficiaries are set up the way you want, especially if you haven't reviewed them in a while:
 - Log in to fidelity.com
 - Click Profiles
 - Select Beneficiaries and follow the instructions
- TAKE ADVANTAGE OF RESOURCES**
Discover something new on Fidelity:
 - Library - Discover educational articles, infographics, videos, and more
 - Planning - Model and plan for your financial goals using the Planning & Guidance Center
- GO MOBILE**
Download the Fidelity mobile app from your device, sign in, and access your workplace accounts anytime, anywhere. With the mobile app, you can:
 - Monitor account balances
 - Review and change investments
 - Access articles, videos, and products in the Fidelity Library
- REVIEW YOUR FINANCES**
Use this opportunity to review all your savings and investing accounts to ensure that your investments are aligned with your financial goals.

Investing involves risk, including risk of loss.
Global Retirement Services LLC, Member SIPC, 100 Salem Street, Southfield, MI 48033
© 2019 Fidelity LLC. All rights reserved.
685108-1.0

Fidelity

2021 Participant Education Calendar

FIRST QUARTER
SAFER ONLINE
Identify theft and cybercrime increased drastically in the pandemic. There has been a significant increase in this type of criminal activity in the recent years. With our partners from Invesco, we will discuss "Financial" and "Non-Financial" identity theft and its impact on all generations of the family, including children and Senior Citizens, who are most at risk. Learn practical tips for staying safer online.
Live webinar on February 9: Register [here!](#)
National Women's Day (March 8)

SECOND QUARTER
FINANCIALLY FOCUSED
Live webinar on May 11: Invitation forthcoming

THIRD QUARTER
GET READY TO RETIRE
Live webinar on August 10: Invitation forthcoming

FOURTH QUARTER
PARTICIPANT EDUCATION SUMMIT
Live webinar on November 9: Invitation forthcoming
National Retirement Security Week (October 18-22)

Please note all webinars will be recorded and available for replay. - Questions? Contact Sarah Kopeck (sarahk@prpnet.com)



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org

2021 Participant Education Calendar

FIRST QUARTER



SAFER ONLINE

Identity theft and cybercrime increased drastically in the pandemic. There has been a significant increase in this type of criminal activity in the recent years. With our partners from Invesco, we will discuss “Financial” and “Non-Financial” Identity theft and its impact on all generations of the family, including children and Senior Citizens, who are most at risk. Learn practical tips for staying safer online.



Live webinar on February 9: Register [here!](#)

National Women's Day (March 8)

SECOND QUARTER

FINANCIALLY FOCUSED

Live webinar on May 11: invitation forthcoming

THIRD QUARTER

GET READY TO RETIRE

Live webinar on August 10: invitation forthcoming

FOURTH QUARTER

PARTICIPANT EDUCATION SUMMIT

Live webinar on November 9: invitation forthcoming

National Retirement Security Week (October 18-22)

Participants with an email addresses on file with SRP will receive registration information via email approximately 1-2 weeks prior to each event. Plan Sponsors will also receive this information within the same time frame. Plan Sponsors are encouraged to forward registration information to their participants, as these events are designed with participants in mind. All are welcome!

Please note all webinars will be recorded and available for replay · Questions? Contact Sarah Krapec (sarahk@srpretire.com)

Additional SRP Resources:



Securities offered through LPL Financial, Member FINRA/SIPC. Investment advisory services are offered through Global Retirement Partners, an SEC Registered Investment Advisor. Global Retirement Partners and Strategic Retirement Partners (SRP) are separate entities from LPL Financial. Global Retirement Partners, Strategic Retirement Partners, and LPL Financial are not affiliated with any of the other referenced entities

Global Retirement Partners employs (or contracts with) individuals who may be (1) registered representatives of LPL Financial and investment adviser representatives of Global Retirement Partners; or (2) solely investment adviser representatives of Global Retirement Partners. Although all personnel operate their businesses under the name Strategic Retirement Partners (SRP), they are each possibly subject to differing obligations and limitations and may be able to provide differing products or services.

This material was created for educational and informational purposes only and is not intended as ERISA, tax, legal or investment advice. If you are seeking investment advice specific to your needs, such advice services must be obtained on your own separate from this educational material.

GETTING STARTED WITH YOUR NEW FIDELITY ACCOUNT

Welcome to Fidelity! Here's a simple checklist to help you make the most of your new Fidelity account.



SET UP YOUR NETBENEFITS® ACCOUNT

NetBenefits is the site where you can manage your workplace savings account. If you already have Fidelity accounts, you can use your login information to access NetBenefits. If you need to set up a username and password:

- Visit [NetBenefits.com](https://netbenefits.com)
- Click *Register as a new user*
- Follow the instructions
- Add your preferred email address, and select *eDelivery*



REVIEW YOUR ACCOUNT

Once your NetBenefits account is set up, review your account balances, contribution percentage, and investments.

- Log in to [NetBenefits.com](https://netbenefits.com)
- Click *Quick Links*
- Select *Summary*
- Review the *Contributions* tab
- Review the *Investments* tab



UPDATE YOUR BENEFICIARY INFORMATION

Ensure that your beneficiaries are set up the way you want, especially if you haven't reviewed them in a while.

Here's how:

- Log in to [NetBenefits.com](https://netbenefits.com)
- Click *Profile*
- Select *Beneficiaries* and follow the instructions



TAKE ADVANTAGE OF RESOURCES

Discover something new on NetBenefits:

- **Library**—Review educational articles, infographics, videos, and more
- **Planning**—Model and plan for your financial goals using the Planning & Guidance Center



GO MOBILE

Download the NetBenefits mobile app from your favorite app source, and access your workplace accounts anytime, anywhere. With the mobile app, you can:

- Monitor account balances
- Review and change investments
- Access articles, videos, and podcasts in the NetBenefits Library



REVIEW YOUR FINANCES

Use this opportunity to review all your savings and investing accounts to ensure that your investments are aligned with your financial goals.

Investing involves risk, including risk of loss.

Fidelity Brokerage Services LLC, Member NYSE, SIPC, 900 Salem Street, Smithfield, RI 02917

© 2018 FMR LLC. All rights reserved.

845140.1.0



This Week Trivia Question



▶ Who said these words?

"For millions of families, Head Start has been a lifeline. And for millions of kids, it's been the start of a better life."



▶ Submit your answers by sending an email to:

lpineda@childstartinc.org By Thursday March 25, 2021

Last week's trivia Question answer:

Who said these words?

"I believe that this is one of the most constructive, and one of the most sensible, and also one of the most exciting programs that this nation has ever undertaken."

If your answer is President Lyndon B. Johnson on the Head Start program, May 18, 1965. You Are Correct!!

Learn more about his speech on May 18, 1965 by following the link below:

<https://www.presidency.ucsb.edu/documents/remarks-project-head-start>

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

- President John Quincy Adams -



Website: www.childstartinc.org



Contact: Luis Pineda
707-333-1874



Email: lpineda@childstartinc.org